

Wan Xia

COPPER KNOB
STEPPERS

拍數: 32 牆數: 1
編舞者: Chen Kuo-Wei (SG)
音樂: Wan Xia - Peggie Lai

級數: ultra Beginner rumba



Dedicated to the Singapore Association for the Deaf, especially to my hearing impaired friend Ms Nora Ng, who encouraged me to do something for the HI people
Start after 36 counts

BODY TWISTS TO THE RIGHT, CROSS ROCK, RECOVER, SCUFF

1-2 Cross left foot over right foot at same time twist body to right side
3-4 Repeat above counts 1-2

Arms: when you twist, allow your arms to drop by your side, palms open & counter twist

5-6 Cross rock left foot over right foot, recover weight on right foot
7-8 Step on left, scuff right foot forward

BODY TWISTS TO THE LEFT, CROSS ROCK, RECOVER, SCUFF (MIRROR FIRST 8 COUNTS)

1-2 Cross right foot over left foot at same time twist body to left side
3-4 Repeat above counts 1-2

Arms: when you twist, allow your arms to drop by your side, palms open & counter twist

5-6 Cross rock right foot over left foot, recover weight on left foot
7-8 Step on right, scuff left foot forward

RHUMBA BOX

1-2 Step forward on left, hold for 1 count
3-4 Step right foot to right, step left next to right
5-6 Step back on right foot, hold for 1 count
7-8 Step left foot to left, step right next to left

"SEXY" WALK FORWARD, TOUCH, WALK BACKWARD, TOUCH

1-2 Step forward on left, step forward on right
3-4 Step forward on left, stretch out right foot & touch right toe to right side
5-6 Step backward on right, step backward on left
7-8 Step backward on right, stretch out left foot & touch left toe to left side

Body: jerk upper body back, smile, look up with attitude!

REPEAT

ENDING

When the music ends, you should be executing the "Rhumba box". Please just step forward with your left foot, spread both your arms and do a curtsy