The Way



拍數: 48 編數: Intermediate nightclub

編舞者: Mike Sliter (USA) 音樂: The Way - Clay Aiken



SAILOR STEPS, ½ TURN, FORWARD COASTER

1&2	Step left behind right, step right to the right side, step left to left side
3&4	Step right behind left, step left to the left side, step right to the right side
5&6	Step back on left into ½ turn to the left, cross right over left, step left to the side
7&8	Step forward on right, step left next to right, step back on right

BACK LOCK STEP, FULL TURN RIGHT, FORWARD LOCK STEP, FORWARD, SLIDE	
1&2	Step back on left, cross right over left, step back on left
3&4	Full turn to the right (stepping right-left-right)
5&6	Step forward on left, lock right behind left, step forward on left
7-8	Step forward on right, slide left and touch next to right (weight stays on right)

ROCK STEP. HIP BUMPS, ROCK STEP. 1/4 TURN CROSS AND CROSS

TOOK O'LE , THE BOWN O, ROOK O'LE , 74 FORK O'KOOO 7 WID O'KOOO	
1-2	Rock forward on left, recover back onto right
3&4	Step back on left while bumping hips back, forward, back
5-6	Rock back on right, recover forward onto left
7&8	Step right across left while making ¼ turn right, step left to left side, cross right over left

SIDE STEP, SLIDE, SHUFFLE WITH 1/4 TURN, 1/4 PIVOT, CROSS AND CROSS

1-2	Step left to left side, slide right next to left
3&4	Step left to left side while making ¼ turn left, step right next to left, step left forward
5-6	Step right forward, pivot ¼ turn left (weight ends on left)
7&8	Step right across left, step left to left side, cross right over left

ROCK WITH 1/4 TURN, LEFT SHUFFLE, ROCK, SIDE SHUFFLE WITH 1/4 TURN

1-2	Rock left to left side, recover onto right while making ¼ turn right
3&4	Shuffle forward (left-right-left)
5-6	Rock forward on right, recover back onto left
7&8	Step right ¼ turn right and do a side shuffle (right-left-right)

"CRUISIN" MOVE (OR FIGURE OF 8 IF YOU'RE FROM SCOTLAND)

1-2	Cross left over right, step right into 1/4 right
3-4	Step forward on left, pivot ½ turn right
5-6	Step left forward while making ¼ turn right, step right behind left
7-8	Rock left to left side, recover back onto right

REPEAT

TAG

After completing the 1st and 3rd walls there are two extra little beats. Repeat counts 47-48

ENDING

To end on the front wall, after completing section f on the last wall do the following:

1-2	Step left behind right, step right into \(\frac{1}{2} \) turn right (now facing 12:00 wal
1-2	Step left bening fight. Step fight fillo /4 turn fight thow facing 12.00 wa

3-4 Step forward on left, touch right behind left and pose