

# What A Feeling!

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: What a Feeling - DJ Bobo & Irene Cara



## KICK FORWARD, KICK SIDE, ½ TURN SAILOR, PRESS, RELEASE, SIDE TOGETHER SIDE

- 1-2      Kick forward right, kick side right
- 3&4      Swing around ½ turn right and step down right, step forward left, step together right
- 5-6      Press forward left, recover onto right and keep left foot slightly raised
- 7&8      Step side left, step together right, step side left

## FLAMINGO ¾ TURN, ROCK FORWARD AND SIDE, ½ TURN SWEEP & CROSS, POINT TOUCH SIDE

- 1      Position right knee up and position right ankle against the side of left calf (flamingo position) - right knee should be bent forward
- 2      Swing around on ball of left foot ¾ to the left
- 3&4      Rock forward right, recover left, rock side right
- 5-6      Sweep left foot around ½ turn to the right (keep weight right)
- 7-8      Cross left over right, point touch right side right

## STEP AND ROLL TWICE, KICK BALL CROSS AND STEP TWICE

- 1-2      Step down on right, snake roll right
- 3-4      Step down on left, snake roll left
- 5&6      "Catwalk" kick ball cross: kick right diagonal forward left, step down right, cross forward left
- 7&8      "Catwalk" kick ball cross: kick right diagonal forward left, step down right, cross forward left

## STEP FORWARD AND TOUCH, STEP BACK AND TOUCH, HOP FORWARD & BACK & BACK & FORWARD

- 1-2      Step forward right, touch left next to right
- 3-4      Step forward left, touch right next to left
- &5      Hop forward diagonal right stepping on right, touch left next to right
- &6      Hop back diagonal left stepping on left, touch right next to left
- &7      Hop back diagonal right, touch left next to right,
- &8      Hop forward diagonal left, touch right next left

Easier low impact alternative for counts 5-8: eliminate the touches (the "&" counts) and simply do small hops

## REPEAT

## TAG

Following wall 10 there will be a 4 count music break. Simply stand in place and do a hip roll around to the right (¼ to the right for each count). (emulate the same motion as when you work a hula hoop.)