

拍數: 32 牆數: 4 級數: Intermediate

編舞者: Cristina Devine & Katy Quail 音樂: What Hurts the Most - Jo O'Meara



SLIDE RIGHT FOOT TO RIGHT, ROCK LEFT ¼ TURN HOOK ½ TURN, RIGHT SHUFFLE FORWARD, LEFT ROCK AND STEP BACK POINT RIGHT SIDE AND FRONT

1-2&3 Big step to right, rock left behind right, recover weight on right and step left to left side turning

1/4 turn over right shoulder

&4&5 Hook right foot in front of left spinning ½ turn over right shoulder, shuffle forward right, left,

right

6&7 Rock forward on left, recover weight onto right and step back on left

&8 Point right toe to right side, step forward on right

LEFT TAP TAP, ¼ SLIDE TO LEFT, RIGHT ROCK AND SKATE X 4 STEP FORWARD ON RIGHT

Tap left beside right twice and slide ¼ turn big step to left with left foot Rock right behind left, recover weight on left and skate forward right

5-6 Skate forward left, skate forward right7-8 Skate forward left, step forward on right foot

LEFT ROCK AND POINT BACK, ½ TURN SWEEP, POINT RIGHT, CROSS AND HITCH LEFT, SWAY LEFT RIGHT, BEHIND SIDE ¼ TURN

1&2 Rock forward on left, recover weight on right and point left toe behind right

Sweep left foot round ½ turn over right shoulder, stepping left behind right, point right toe to

right side, cross right over left

&5-6 Hitch left knee up, sway hips to left, sway hips to right

7&8 Cross left foot behind right, step right foot to side turning ¼ turn over right shoulder, step

forward on left

RIGHT ROCK, STEP FORWARD, LEFT ROCK SLIDE BACK, LEFT, RIGHT, LEFT, POINT RIGHT SIDE, FRONT SIDE ½ TURN

Rock right foot to right side, recover weight onto left and step forward on right foot

Rock forward on left recover weight on right and big slide back on left

5-6 Slide step back right, slide step back left

7&8& Point right toe to right side, point right in front of left, point right to toe right side, hook right

foot behind left while spinning ½ turn over right shoulder

REPEAT

TAG

8 counts at the end of second wall

Step right to right side, rock left behind right and recover weight onto right Step left to left side, rock right behind left and recover weight onto left

5&6 Step right to right side into ¼ turn over right shoulder, turn ¾ turn over right shoulder stepping

left, right

7&8 Step left to left side into ¼ turn over left shoulder, turn ¾ turn over left shoulder stepping right

left

RESTART

Dance first 16 counts of the dance on wall 4 and start again from the beginning