Which Way



拍數: 40 牆數: 1 級數: Beginner line/contra dance

編舞者: Janie Perkins (USA)

音樂: I'm from the Country - Tracy Byrd



RIGHT VINE, LEFT VINE

1-2	Step right to right side, step left behind right
3-4	Step right to right side, touch left next to right
5-6	Step left to left side, step right behind left
7-8	Step left to left side, touch right next to left

RIGHT VINE WITH HIP BUMPS

1-2	Step right to	right side	sten l	left behind right

3-4 Step right to right side, step left next to right (weight on both feet)

5-6 Bump hips right, left 7-8 Bump hips right, left

SHUFFLE STEPS, ½ TURNS, KICK BALL CHANGE

1&2	Step forward on right, step left next to right, step forward on right (right, left, right)
3&4	Step forward on left, step right next to left, step forward on left (left, right, left)
5-6	Step forward on right and turn ½ left shifting weight to left

7&8 Kick right foot forward, step on ball of right, step left in place (shift weight to left)

SHUFFLE STEPS, ½ TURN, KICK BALL CHANGE

1&2	Step forward on right, step left next to right, step forward on right (right, left, right)
3&4	Step forward on left, step right next to left, step forward on left (left, right, left)
5-6	Step forward on right and turn ½ left shifting weight to left

7&8 Kick right forward, step on ball of right, step left in place (shift weight to left)

1/4 TURN, HIP BUMPS

1-2	Step right 1/4 turn right, touch left next to right
3-4	Step left 1/4 turn left, step right next to left
5-6	Bump hips right, left
7-8	Bump hips right, left

REPEAT