

Whisper Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tony Myatt (UK)
音樂: The Whispering Wind - Mandy Barnett



HIP SWAY, SHUFFLE FORWARD, ½ TURN RIGHT WITH HOOK. SHUFFLE FORWARD

The wind is strong and you need to push against it

1-2 Step right foot forward swaying right hip forward, sway left hip back

3&4 Shuffle forward right, left, right

The wind turns you round and you rear back slightly on one leg

5-6 Step left foot forward, swivel ½ turn right hooking right foot in front of left knee

You manage to move forward again

7&8 Shuffle forward right, left, right

½ TURN WITH 4 ROCK SWAYS

You sway from side to side like a palm tree in the wind

9-10 Step left foot to left swaying hips to left (with 1/8 turn to right), sway hips back to right

11-12 Step left foot to left swaying hips to left (with 1/8 turn to right), sway hips back to right

13-14 Step left foot to left swaying hips to left (with 1/8 turn to right), sway hips back to right

15-16 Step left foot to left swaying hips to left (with 1/8 turn to right), sway hips back to right

CROSS, TOUCH, CROSS, TOUCH, STEP OVER, ½ TURN (BOUNCE, BOUNCE, BOUNCE)

You are blown from side to side

17-18 Step left foot across front of right, touch right toe to right side

19-20 Step right foot across front of left, stretch left toe forward & left (leaning back slightly)

A sudden gust turns you and tries to lift you but you resist

21 Step left foot over front of right foot

22-23-24 Bounce by raising & dropping both heels 3 times with ½ turn to right

Crouch slightly, raise arms forward at waist height, palms facing down, press palms down when dropping heels

ROCK CROSS. ¼ TURN LEFT, HOLD, ½ TURN RIGHT, HOLD (WITH ATTITUDE)

The wind blows you side to side, then round, but you triumph!

25-26 Rock right foot to right, rock back on to left foot

27-28 Step right foot across front of left foot, turning ¼ turn to left, hold for 1 count

29-30 Step left forward, swivel ½ turn to right

31-32 Step left foot forward with a flourish, hold for 1 count

Flourish - finish left arm raised and forward, right arm raised to right - both shoulder height

REPEAT