Wild, Wild West (Virginia)

級數: Advanced

編舞者: Mare Dodd (USA)

拍數: 48

音樂: Wild Wild West - Will Smith

STAR PATTERN; SYNCOPATED HOP FORWARD & CLAP; & HOP, & HOP (WITH ARMS):

- 1 Touch left toe out to left side
- &2 Hop on left & turn 1/4 left, touch right toe back
- &3 Hop on right & turn 1/4 left, touch left heel forward
- &4 Hop on left, touch right toe back
- &5-6 Quickly hop forward right-left (shoulder width apart), clap
- Quick hop forward right-left, guick hop forward right-left &7&8

Extend left arm forward like grabbing the reins of a horse; "lasso" with right arm

HIP ROLLS WITH ARMS EXTENDED FORWARD AT CHEST LEVEL - RIGHT HAND OVER LEFT HAND:

- 1-2 Roll hips from left to right
- 3-4 Roll hips from right to left
- 5-6 Roll hips from left to right
- 7-8 Roll hips from right to left

"THE WILD, WILD, WEST" (ARM WORK AS IN VIDEO)

- Raise right hand up palm out sweep it down to the left, around & up making a figure 8 1
- 2 With right hand up & fist clenched: pull straight down
- 3 Extend left arm forward with fist clenched like holding horse reins
- 4 Leaving left arm extended, slap/brush right hand against right thigh (like whipping a horse)
- Leaving left arm extended & "whipping horse", turn 1/8 left taking quick step right & quick &5 step left (out-out)
- &6 Repeat &5 (will have turned a total of 1/4 turn left)
- & Quick step back on right
- 7&8 Leaving left arm extended & raising right hand to "lasso", guick step forward on left moving head forward & back as you lasso twice

FOUR SAILOR SHUFFLES WITH SCUFFS:

- 1&2& Step right behind left, step left in place, scuff right, step on right
- 3&4& Step left behind right, step right in place, scuff left, step on left
- 5&6& Step right behind left, step left in place, scuff right, step on right
- 7&8 Step left behind right, step right in place, scuff left

BALL-CHANGE-STEP; SHUFFLE FORWARD RIGHT-LEFT-RIGHT; ROCK-RECOVER; TURNING TRIPLE:

- &1-2 Step back on left, step forward on right, step forward on left
- 3&4 Shuffle forward right-left-right
- 5-6 Rock forward on left; recover back on right
- 7&8 Turning 1&1/2 left, triple in place left-right-left (now facing back wall)

POINT-BALL-CROSSES MOVING FORWARD:

- 1&2 Point right toe to right side, step left in place, cross right over left
- 3&4 Point left toe to left side, step right in place, cross left over right
- Point right toe to right side, step left in place, cross right over left 5&6
- 7&8 Point left toe to left side, step right in place, step left beside right

KNEE ROLLS & KNEE "BANGS":

1-2 Turn left knee out to left & return - 2 counts





牆數: 4

3-4	Turn right knee out to right & return - 2 counts
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- &5&6 Roll left knee out & return; roll right knee out & return
- 7&8& Bring knees together, turn knees out, bring knees together, turn knees out (weight on right)

REPEAT