

Willie Mae Buford Loves Elvis

COPPER KNOB
STEPPERS

拍數: 40 牆數: 2 級數:
編舞者: Ronda C. Mitchell (USA)
音樂: Any good swing tempo, something by Elvis fits well



STEP LEFT, RIGHT KNEE IN, BACK RIGHT AND ¼ TURN LEFT:

1-4 Step left with left foot, twist right knee in toward body - with right foot up on ball of foot. Step back on right foot - turning ¼ turn left touch left heel forward. (should be facing ¼ turn left from where you started).

STEP FORWARD LEFT, SCUFF, HITCH AND ¼ TURN:

5-8 Step forward on left foot, scuff right foot forward, hitch left knee - turning ¼ turn left step down on right foot. (allow the momentum from scuffing right foot forward to turn you the ¼ turn left). (you can step down on right anywhere between count 8 & the next 1)

ELVIS LEG WIGGLE:

9-12 With weight still on right foot & left leg out on an angle, tap left heel on floor until the count of 4. (this move is supposed to simulate Elvis' famous leg wiggle).

LEFT GRAPEVINE:

13-16 Step left with left foot. Step behind left with right foot. Step left with left foot again. *touch* right toe home (or next to left foot). (this grapevine can be replaced with full spin, traveling funky chicken, or any moving 4 - count combo).

SLOWLY TURNING ¼ TURN LEFT:

17-20 Step back on right foot, touch left heel forward. Step forward on left foot, touch right toe home.

FINISH THE ¼ TURN:

21-24 Step back on right foot, touch left heel forward, step forward on left foot, touch right toe home. (you should end up ¼ turn left from where you started move #4 above).

RIGHT GRAPEVINE WITH ¼ TURN RIGHT:

25-28 Step right with right foot, step behind right with left foot, turning ¼ turn right step forward with right foot, hitch (or chug) with left knee.

FORWARD LEFT, HITCH, FORWARD RIGHT AND ROCK:

29-32 Step forward on left foot, hitch (or chug) right knee, step forward on right foot & rock weight onto right foot, step back on left foot

QUICKLY TURNING ½ TURN RIGHT:

33-36 Step forward on right foot, take a small hop forward - with both feet slightly apart & clap, *bounce* right knee in toward body, *bounce* left knee in toward body.

ELVIS BOUNCING KNEE TWISTS:

37-40 *Bounce* right knee in toward body - twice, step forward with right foot, touch home with left. (these *bouncing knees* are to simulate Elvis' famous twist).

REPEAT