Wink



拍數: 32 牆數: 4

編舞者: Joe Cicchetti (USA)

音樂: Wink - Neal McCoy

HEEL TOE SWIVELS, 1/2 TURN, HEEL TOE SWIVELS

- 1 Swivel heels to right
- 2 Swivel toes to right
- 3 Swivel heels to right
- 4 Step left across in front of right making a ¹/₂ turn right, pivoting on left toes.
 - As left heel comes down to floor you should be swiveling both heels to left.
- 6 Swivel toes to left
- 7 Swivel heels to left
- 8 Toes back to center.

CROSS ½ TURNS

5

- 1 Cross right leg over in front of left leg. (legs are crossed)
- 2 Make a ¹/₂ turn to the left pivoting on the balls of both feet. (legs are uncrossed)
- 3 Make a ½ turn to right pivoting on the balls of both feet. (legs are crossed right in front of left)

級數: Intermediate

- 4 Step right foot to home position.
- 5-8 Repeat above set of 4 counts in the right directions starting with left leg over right.

KICK BALL CHANGE, STEP HITCH, BACK KICK, ½ TURN

- 1 Kick right foot forward
- & Step on ball of right foot
- 2 Step weight to left.
- 3 Step forward right
- 4 Hitch left knee
- 5 Kick left leg straight back (toes are pointing down)
- 6 Balancing on right leg (left leg is still back, toes down)

Make a ½ turn left-using right heel to pivot on, turn leg so toes are turned up upon completion of the ½ turn left. And left leg is in a left hitch position.

- 7 Kick left leg back (toes down)
- 8 Make a half turn as in step 6-ending in a left hitch position.

SHUFFLES, ¼ TURN, BACK SWING STEPS

- 1&2 Shuffle forward left-right-left
- 3&4 Shuffle backward right-left-right
- 5 Make a ¼ turn left by swinging left leg out and back
- 6 Swing right leg out and cross behind left before stepping down to floor.
- 7 Swing left leg out and cross behind right before stepping down to floor.
- 8 Stomp right foot to home position.

REPEAT

