

Winner Loses All

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Sam Armstrong (UK) & Ruth Armstrong (UK)
音樂: The Race Is On - Sawyer Brown



Quite a long intro, dance starts on the word "race" as Sawyer Brown sings, "now the race is on"

DIAGONAL TOE/HEEL TOUCHES, CROSS, UNWIND, HIP BUMPS

1-2 Touch right toe back diagonally, touch right heel forward diagonally
3&4 Touch right toe back, right heel forward, right toe back diagonally
5-6 Cross right over left, unwind ½ turn to left
7&8 Bump hips right, left, right

Added styling: move body up and down while bumping hips

DIAGONAL TOE/HEEL TOUCHES, CROSS, UNWIND, HIP BUMPS

9-10 Touch left toe back diagonally, touch left heel forward diagonally
11&12 Touch left toe back, left heel forward, left toe back diagonally
13-14 Cross left over right, unwind ½ turn to right
15&16 Bump hips left, right, left

Added styling: move body up and down while bumping hips

ROCK, RECOVER, CROSS SIDE STEP, ROCK, RECOVER, SAILOR STEP

17-18 Rock right to right side, recover weight on left
19&20 Step right across left, step left to left side, step right in place
21-22 Rock left to left side, recover weight on right
23&24 Cross left behind right, step right to right side, step left in place

RIGHT & LEFT GRAPEVINES, ½ TURN WITH HITCHES

25-26 Step right to right side, step left behind right
27-28 Step right to right side making ½ turn to right, hitching left knee
29-30 Step left to left side, step right behind left
31-32 Step left to left side, hitch right knee

REPEAT

The more advanced dancer can complete full turns instead of half turns, they will still end up facing the correct line of dance to start next wall.