Women On The Mind



拍數: 24 牆數: 4 級數: Improver

編舞者: John Dembiec (USA)

音樂: In the Summertime - Mungo Jerry



CROSS, STEP, SIDE SHUFFLE (TWICE)

1-2 Step right over left, step left back

3&4 Step right to right, step left next to right, step right to right

5-6 Step left over right, step right back

7&8 Step left to left, step right next to left, step left to left

FORWARD SHUFFLE SCUFF (TWICE), 1/4 JAZZ, STEP

Step right forward, step left next to right, step right forward, scuff left forward Step left forward, step right next to left, step left forward, scuff right forward

5-6 Step right over left, step left back

7-8 Making ¼ turn to right, step right to right, step left next to right

CROSS SHUFFLE, SIDE ROCK (TWICE)

1&2 Step right over left, step left to left, step right over left

3-4 Side rock left to left, recover to right

Step left over right, step right to right, step left over right

7-8 Side rock right to right, recover to left

REPEAT

TAG

After 6th wall, roll hips from left to right for approximately 5 counts