Wonderful Feeling



拍數: 32 牆數: 4 級數: Improver

編舞者: Levi J. Hubbard (USA)

音樂: Feels So Good - Atomic Kitten



CROSS STEP, SAILOR STEP, CROSS STEP, 1/4 TURN (LEFT), 1/4 SHUFFLE TURN (LEFT)

1 Right - cross step in front of left

2 Left - step to side

3 Right - cross step behind left

&4 Left - step slightly to side, step right slightly to side

5 Left - cross step in front of right

Right - turning ¼ turn left, step backward

Shuffle ¼ turn left, stepping (left-right-left)

CROSS STEP, SAILOR STEP, CROSS STEP, 1/4 TURN (LEFT), 1/4 SHUFFLE TURN (LEFT)

9 Right - cross step in front of left

10 Left - step to side

11 Right - cross step behind left

&12 Left - step slightly to side, step right slightly to side

13 Left - cross step in front of right

14 Right - turning ¼ turn left, step backward 14&16 Shuffle ¼ turn left, stepping (left-right-left)

CROSS STEP, BACK STEP, 1/4 SHUFFLE TURN (RIGHT), 1/2 PIVOT (RIGHT), KICK & POINT

17 Right - cross step in front of left

18 Left - step backward

19&20 Shuffle ¼ turn right, stepping (right-left-right)

21 Left - step forward

22 On (balls of) both feet, pivot ½ turn right

23 Left - kick forward

&24 Left - step together, point right toe out to side

(RIGHT) SAILOR STEP, TOUCH BEHIND, ½ SPIRAL TURN (LEFT), KICK & CROSS STEP, SIDE ROCK-RECOVER

25 Right - cross step behind left

&26 Left - step slightly to side, step right slightly to side

27 Left - touch toe behind right (in tuck)

28 Unwind ½ turn left (keeping weight on left)

29 Right - kick forward

&30 Right - step together, cross step left over right

31 Right - step (rock) out to side, slightly lifting left off floor

32 Left - step back to floor

REPEAT

TAG

After the 4th wall do the following and then start from count 1 of the dance CROSS STEP, KICK, STEP, CROSS STEP, KICK, STEP

1 Right - cross step in front of left

2 Left - step backward

3 Right - slightly kick diagonally forward

4	Right - step backward
5	Left - cross step in front of right
6	Right - step backward
7	Left - slightly kick diagonally forward
8	Left - step together