Wonderful Life

拍數: 32

級數: Intermediate



音樂: Wonderful Life - BLACK

KICK BALL CROSS, TOUCH, CROSS, KICK BALL CROSS, TOUCH, CROSS

- 1&2 Kick right foot forward, step right beside left, cross left over right
- 3-4 Touch right to the right side, cross right over left
- 5&6 Kick left foot forward, step left beside right, cross right over left
- 7-8 Touch left to the left side, cross left over right

ROCK FORWARD, RECOVER, BACK LOCK STEP, BACK LOCK STEP, ½ TURN RIGHT, ¼ TURN SWING

- 1-2 Step forward on the right, recover on the left
- 3&4 Step back on the right, lock left over right, step back on the right
- 5&6 Step back on the left, lock right over left, step back on the left
- 7-8 Pivot ½ turn right as you step forward on the right, pivot ¼ turn right as you swing your left foot to the left side

CROSS SHUFFLE, ¼ TURN LEFT, ½ TURN LEFT, FORWARD LOCK STEP, STEP, SWING RIGHT FOOT FORWARD AS YOU PIVOT 1/2 TURN LEFT

- 1&2 Cross left over right, step left beside right, cross left over right
- 3-4 Pivot ¼ turn left as you step back on the right, pivot ½ turn left as you step forward on the left
- 5&6 Step forward on the right, lock left behind right, step forward on the right
- 7-8 Step forward on the left, swing your right foot forward as you pivot 1/2 turn left

FORWARD LOCK STEP, ROCK STEP, FORWARD LOCK STEP, ¾ TURN LEFT

- 1&2 Step forward on the right, lock left behind right, step forward on the right
- 3-4 Step forward on the left, recover on the right
- 5&6 Step forward on the left, lock right behind left, step forward on the left
- 7-8 Cross right over left, pivot ³/₄ turn left weight ending on the left

REPEAT





牆數:4