Words Unspoken



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)

音樂: Unwritten - Natasha Bedingfield



RIGHT ROCK FORWARD & RECOVER, RIGHT TOGETHER, WALK FORWARD 2, LEFT ROCK FORWARD & RECOVER, 1/4 LEFT & LEFT TO SIDE, WEAVE LEFT 2

1-2& Rock right forward, recover weight on left, step right together

3-4 Step left forward, step right forward

5-6& Rock left forward, recover weight on right, turning ¼ left step left to side

7-8 Cross step right over left, step left to side

RIGHT TOUCH BALL CROSS, RIGHT TO SIDE, LEFT SAILOR HEEL, LEFT SYNCOPATED WEAVE WITH 1/4 LEFT

1&2 Touch right together, step back on ball of right foot, cross step left over right

3 Step right to side

4&5 Cross step left behind right, step right to side, touch left heel forward

Step left back, cross step right over left
Step left to side, cross step right behind left
Turning ¼ left step left forward, step right forward

LEFT ROCK FORWARD & RECOVER, LEFT TOGETHER, WALK FORWARD 2, RIGHT ROCK FORWARD & RECOVER, ¼ RIGHT & RIGHT TO SIDE, WEAVE RIGHT 2

1-2& Rock left forward, recover weight on right, step left together

3-4 Step right forward, step left forward

5-6& Rock right forward, recover weight on left, turning \(\frac{1}{2} \) right step right to side

7-8 Cross step left over right, step right to side

LEFT & RIGHT SAILORS, LEFT FORWARD, RIGHT FORWARD, ½ LEFT PIVOT, LEFT FORWARD TURN, LEFT FORWARD, RIGHT TOGETHER

1&2 Cross step left behind right, step right to side, step left to side 3&4 Cross step right behind left, step left to side, step right to side

5 Step left forward

Step right forward, pivot ½ left, step right forward

8& Step left forward, step right together

During wall 5 there is a break here in the music. Either hold for 6 counts or sway your hips left, right, left, right, left, right starting the dance at count 33 on the word "skin" (she'll sing the phrase "feel the rain on your skin"

LEFT SIDE ROCK & RECOVER, LEFT TOGETHER, RIGHT TO SIDE, LEFT CROSS STEP, RIGHT SIDE-1/4 LEFT-CROSS, LEFT SIDE ROCK & RECOVER, LEFT TOGETHER

1-2& Rock left to side, recover weight on right, step left together

3-4 Step right to side, cross step left over right

5&6 Step right to side, turning ¼ left step left to side, cross step right over left

7-8& Rock left to side, recover weight on right, step left together

RIGHT FORWARD ROCK & RECOVER, RIGHT BACK, LEFT CROSS STEP, RIGHT BACK, LEFT COASTER STEP, LEFT FULL TURN FORWARD

1-2& Rock right forward, recover weight on left, step right back

3-4 Cross step left over right (turning body on slight right diagonal), step right back

5&6 Step left back, step right together, step left forward

7-8 Turning ½ left step right back, turning ½ left step left forward

Non-turning alternative for 7-8: walk/skate forward right, left

1/4 RIGHT JAZZ BOX WITH RIGHT BALL CROSS SIDE, LEFT BEHIND-SIDE-CROSS, RIGHT SYNCOPATED SIDE ROCK CROSS

1-2 Cross step right over left, step left back

Turning ¼ right step right to back, cross step left over right, step right to side
Cross step left behind right, step right to side, cross step left over right
Rock right to side, recover weight on left, cross step right over left

LEFT SIDE, HOLD, RIGHT TOGETHER, LEFT SIDE ROCK & RECOVER TURNING 1/4 RIGHT, LEFT FORWARD TRIPLE, FULL TURN LEFT FORWARD

1-2& Step left to side, hold, step right together

Rock left to side, turning ½ right recover on right

Step left forward, step right together, step left forward

7-8 Turning ½ left step right back, turning ½ left step left forward

Non-turning alternative for 7-8: walk/skate forward right, left

REPEAT

TAG

During wall 5 there is a six-count break in the music at count 32. Either hold for 6 counts or sway your hips left, right, left, right, left, right starting the dance at count 33 on the word "skin" (she'll sing the phrase "feel the rain on your skin")