Ya Ya (Unphrased)

級數: Intermediate



拍數: 48

牆數:4

編舞者: Patricia Soran (AUT)

音樂: Ya Ya - Lee Dorsey

ELVIS KNEE ROLLS

- 1-2 Right foot feet shoulder-width apart (12:00). Weight on right ball, circle-movement with right knee beginning inward (knee-roll), right hip follows the movement, after circle drop heel to take weight.
- 3-4 Left foot weight on left ball, knee-roll left with left hip-roll, drop heel to take weight
- 5-8 Repeat 1-4

Style option: while doing Elvis knees, put right hand (palm in) with open fingers (jazz hands) on lower belly, left hand (palm in) on neck, elbows outward

MODIFIED ROGER RABBIT

- 1 Right foot kick right back
- & Hook right behind left foot while left foot scoots backward (towards 6:00)
- 2 Right foot step on right to take weight
- 3&4 Left foot kick left back; hook left behind right while right foot scoots back; put weight on left
 5-8 Repeat 1-4

Style option: lean torso sideward on the "&'s". Right hook (and left scoot) lean left; left hook, lean right

SWIVEL WALK, ROLLING GRAPEVINE WITH ¼ TURN

- 1 Right foot step forward on right ball, both toes swivel to right (1:30)
- 2 Left foot step forward on left ball (on height of right foot), toes swivel to left (10:30)
- 3-4 Repeat 1-2
- 5-8 Step ¼ turn to right on right foot (3:00); full turn on left ball (3:00); step right foot forward, step left foot to right foot

Style option: swivel walk: bend knees like going downstairs

SYNCOPATED, MODIFIED WOOLY BULLY

- 1 Right foot hitch right knee
- & Right foot cross right ankle in front of left shin
- 2 Left foot ¹/₄ turn left on left (12:00) while bringing right foot back beside left knee (right foot remains raised with knee bent)
- 3 Right foot step back on right foot
- & Scoot forward with right foot, hitch left
- 4 Left foot step on left to take weight
- 5-8 Repeat 1-4 (now facing 9:00)

KICK-BALL-CHANGE, KICK, SCOOT, ½ TURN, KICK, SCOOT

- 1&2 Right foot kick right forward (9:00) step right back, step left in place
- 3 Right foot kick right foot forward
- & Scoot left back and kick right back
- 4 Right foot step right to take weight
- 5 Left foot step back on left turning ¹/₂ to left (3:00)
- 6 Right foot step forward on right
- 7 Left foot kick left foot forward
- & Scoot right back an kick left back
- 8 Left foot step left to take weight

Style option: lean torso forward on the "&'s" (scoot an kick back)

TOE STRUT ½ TURN, SIDE ROCK LEFT, FULL TURN, HIP ROLL

- 1 Right foot touch right toe back (towards 9:00)
- 2 Right foot drop right heel during ½ turn right (9:00)
- 3-4 Rock left to left, rock back on right
- 5-6 Full turn on right ball (ending 9:00); step on left to take weight (feet shoulder-width apart)
- 7-8 Hip roll right (lift right heel during hip-roll, weight remains left)

Style option: while doing full turn and hip roll put your hand in your neck (palms in), elbows outward

REPEAT