A Year On



拍數: 32 牆數: 4 級數: Improver

編舞者: Hayley Walker (UK)

音樂: Summer Love Sensations - The Bay City Rollers



ROLLING VINE WITH TOUCH, KICK BALL CHANGE WITH 1/4 TURNS TWICE

1-4 Roll to your right stepping right, left, right touch left next to right

5&6 Kick left foot forward, step onto left, transfer weight to right while turning ¼ turn left

7&8 Repeat 5&6

SIDE ROCK, CROSS SHUFFLE, ROCK TURN 1/4, SHUFFLE FORWARD

Rock to side on left, recover on right
Cross left over right, step to side with right, cross left over right
Rock to side on right, recover onto left while turning ¼ turn left
Step forward on right, bring left next to right, step forward on right

FORWARD ROCK, SHUFFLE ½ TURN, STEP PIVOT ½, SHUFFLE FORWARD

1-2 Rock forward on left, recover on right

3&4 Turn left over left shoulder stepping forward on left, bring right next to left, step forward on left

finishing ½ turn

5-6 Step forward on right pivoting ½ turn, transfer weight to left foot
7&8 Step forward on right, bring left next to right, step forward on right

HEEL HOOK SHUFFLE FORWARD, 1/4 PIVOTS TWICE

Touch left heel forward, hook left foot under right knee
 Step forward left, step right next to left, step forward left
 Step forward slightly on right pivot ¼ turn to left (with attitude)

7-8 Repeat 5-6

REPEAT