Yellow Rose Express



拍數: 34 牆數: 0 級數:

編舞者: June Wilson (UK)

音樂: You Make Me Feel Like a Man - Ricky Skaggs



Position: Sweetheart

1-4 Left heel forward, back in place, right heel forward, back in place

5-8 Heels out, heels together, heels out, heels together

9-10 Left heel touch forward, left foot stomp in place

Left foot step to left side, right foot cross behind left, left foot step to left side, stomp right foot

beside left

Lady may make a three-step turn in the left grapevine. Couple raise left hands and drop right hands. Lady makes ½ turn on her left foot. Lady then makes another ½ turn on her right foot. Step left foot in place, then stomp right next to left. Resume sweetheart position. This move is also known as a four-step twirl

15-18 Heels out, heels together, heels out, heels together

19-22 Right foot step to right side, left foot cross behind right, right foot step to right side, left foot

stomp beside right

Drop left hands and raise right

23-26 Step forward with left foot, pivot ½ turn to right, step forward with left foot, pivot ½ turn to right

27-34 Four forward shuffles starting on left foot

REPEAT