

You Ain't Hurt Nothin' Yet (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Addicted To Love - Kimber Clayton



Position: Indian Position, same footwork unless noted

WALK FORWARD, OUT-OUT, IN-IN, WALK FORWARD, OUT-OUT, IN-IN

- 1-2 Step forward on right foot; step left foot next to right
&3 Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left
&4 Step right foot to home, bringing right arm back to lady's right shoulder; step left foot next to right, bringing left arm back to lady's left shoulder
5-6 Step forward on right foot; step left foot next to right
&7 Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left
&8 Step right foot to home, bringing right arm back to lady's right shoulder; step left foot next to right, bringing left arm back to lady's left shoulder

SIDE STEP, BEHIND, PIVOT, FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT, FORWARD SHUFFLE

- 9-10 Step to the right on right foot; cross left foot behind right and step
& Pivot ¼ turn to the right on ball of left foot

Partners now facing OLOD in the left side-by-side position

- 11&12 Shuffle forward (right, left, right)

Release left hands and raise joined right hands. Lady turns under upraised hands

- 13-14 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

Rejoin left hands. Partners now facing ILOD in the Right Side-By-Side Position.

- 15&16 Shuffle forward (left, right, left)

MAN: VINE RIGHT WITH ¼ TURN, LADY: 1 ¼ ROLLING TURN TO THE RIGHT

Release left hands and raise joined right hands. Lady turns under upraised hands

- 17-18 **MAN:** Step to the right on right foot; cross left foot behind right and step
 LADY: Step to the right on right foot and begin a 1 ¼ rolling turn to the right traveling to the right; step on left foot and continue 1 ¼ to the right rolling turn
19-20 **MAN:** Step a ¼ turn to the right on right foot; step left foot next to right
 LADY: Step on right foot and complete 1 ¼ to the right rolling turn; step left foot next to right

Rejoin left hands in the Indian Position facing LOD

SYNCOPATED HEEL/TOE TOUCHES

- 21 Touch right heel forward
&22 Step right foot next to left; touch left heel forward
&23 Step left foot next to right; touch right toe to the right
&24 Step right foot next to left; touch left toe to the left

BODY TWIST

- 25-26 Keeping left toe pointed to the left, bend knees and dip right shoulder as you twist body a ¼ turn to the left; bring right shoulder up and straighten knees
27-28 Bend knees and dip right shoulder as you twist body a ¼ turn to the right; bring right shoulder up and straighten knees, keeping left toe pointed to the left

MAN: SIDE STEP, BEHIND, TRIPLE STEP, LADY: FULL ROLLING TURN TO THE LEFT, TRIPLE STEP

Raise joined hands. Lady turns under upraised hands

29-30 **MAN:** Step to the left on left foot; cross right foot behind left and step

LADY: Step to the left on left foot and begin a full rolling turn to the left traveling to the left;
step on right foot and complete full to the left rolling turn

31&32 **BOTH:** Triple step in place (left, right, left)

REPEAT
