You Need A Man Around Here



拍數: 32 牆數: 4 級數: Improver

編舞者: Hulda Rós Ingibergsdóttir

音樂: You Need a Man Around Here - Brad Paisley



ROLL FORWARD ½ TURN TWICE

1-2 Step forward on right, turn ½ turn right and step back onto left

3-4 Step back on right, touch left beside right

5-6 Step forward on left, turn ½ turn left and step back onto right

7-8 Step back on left, touch right beside left

Variation:

1-4 Walk forward right, left, right, kick forward with left5-8 Walk backwards, left, right, left, touch right beside left

KICK BALL CHANGE 1/4 TURN TWICE, ROCK RIGHT, SAILOR STEP

9&10 Kick ball change on right, turn ¼ left 11&12 Kick ball change on right, turn ¼ left

13-14 Rock to right side onto right, rock onto left in place

15&16 Sailor step on right

SPOT TURN, SHUFFLE FORWARD, SWAY HIPS, SWAY HIPS

17-18 Spot turn on left 19&20 Shuffle forward on left

21-22 Step right to the right side and sway on right hip, sway back onto left hip

23-24 Sway on right hip, sway back onto left hip

SHUFFLE RIGHT 1/4 TURN, SPOT TURN, ROCK FORWARD, COASTER STEP

25&26 Shuffle on right, to the right side, turn ¼ right

27-28 Spot turn on left

29-30 Rock forward on left, rock back onto right

31&32 Coaster step on left

REPEAT