You Should Dance



拍數: 32 牆數: 4 級數: Intermediate

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音樂: You Should Be Dancing - Adam Garcia



STEP FORWARD INTO JAZZ BOX, HEEL SWITCHES & LONG STEP FORWARD

1-2 Step forward right, cross left over right3-4 Step back right, step left next to right

Touch right heel forward, switch and touch left heel forward & Switch and step forward on right (taking a long stride forward)

8 Join left next to right

HALF TURN, HEEL SPLIT AND SWEEP TURN

9-10 Step forward on right, pivot ½ turn left

11 Step right next to left

&12 Heel split out and in (elbows to mirror feet)

13-14 Step forward on right, sweeping left around and across right 15-16 Unwind one full turn to the right finishing with weight on left

SWIVEL STEPS, ROLLING GRAPEVINE RIGHT

Swivel to the right to about 2:00, stepping on right
Swivel to the left to about 10:00, stepping on left
Swivel to the right to about 2:00, stepping on right
Swivel to the left to about 10:00, stepping on left

Last 4 counts should be done with legs slightly apart, with the turn happening through the body

21 Step right ¼ turn to face right side

On ball of right pivot ½ turn right, stepping back on left
On ball of left pivot ¼ turn right, stepping right to right side

24 Join left to right and clap

HEEL SPILTS AND KICK, SWITCHES AND SWIVELS

25&26 Split heels out and in (mirror with elbows), kick right forward

27&28 Touch right to side, switch and touch left to side making ¼ turn right

&29 Switch and touch right to right side

30 Touch right behind left

31&32 Swivel both heels to left twice making ½ turn on each swivel

Finish with weight on left

REPEAT