拍數： 56 侑數： 4
級數：Intermediate east coast swing
編舞者：Christopher J．Spicer（USA）
音樂：All My Rowdy Friends－Hank Williams，Jr．

## KNEE SWIVELS，STEP，KNEE SWIVELS

1－2 While resting weight on ball of right foot，swivel right knee in，swivel right knee out
3－4 Swivel right knee in，step right foot next to left
5－6 While resting weight on ball of left foot，swivel left knee in，swivel left knee out
7－8 Swivel left knee in，swivel left knee out

## STEP，JAZZ BOX STEP，DIAGONAL TOE STRUTS

1－2 Step left foot slightly back，step right foot over left
3－4 Step left foot slightly back，step right to right side
5－6 While walking diagonally towards 10：00，tap left toe forward，step left foot forward
7－8 While walking diagonally towards 10：00，tap right toe forward，step right foot forward

## STEP， $1 / 4$ TURN，SCUFF STEPS，SCUFF $1 / 2$ TURN

1－2 Step left foot back，while making a $1 / 4$ turn to the right，step right foot forward（facing 3：00 after turn）
3－4 Scuff left foot next to right，step left foot forward
5－6 Scuff right foot next to left，step right foot forward
7－8 Scuff left foot forward，while making a $1 / 2$ turn to the left step left foot back（facing 9：00 after turn）

## STEP，TOUCH（4）

1－2 Step right foot back，touch left next to right（shimmy shoulders）
3－4 Step forward on left，touch right next to left（shimmy shoulders）
5－6 Step right foot back，touch left next to right（shimmy shoulder）
7－8 Step forward on left，touch right next to left（shimmy shoulders）

## GRAPEVINE RIGHT，GRAPEVINE LEFT

1－2 Step right to right side，step left behind right
3－4 Step right to right side，touch left next to right
5－6 Step left to left side，step right behind left
7－8 Step left to left side，touch right next to left

## STEP，HOLD，TOUCH，HOLD（2）

1－2 Step right foot to right side，hold
3－4 Touch left next to right，hold
5－6 Step left to left side，hold
7－8 Touch right next to left，hold

## CROSS WALKS FORWARD WITH ARM SWINGS

1－2 While stepping right foot forward and crossing over left，swing both arms to right side，snap on count 2
3－4 While stepping left foot forward and crossing over right，swing both arms to left side，snap on count 4
5－6 While stepping right foot forward and crossing over left，swing both arms to right side，snap on count 6
7－8 While stepping left foot forward and crossing over right，swing both arms to left side，snap on count 8

RESTART
On the 3rd wall you will do the first 32 counts and restart after touching right next to left
TAG
On the 4th wall, counts $33-40$ you will do an extended 8 count grapevine to the right and counts $41-48$ you will also do an extended 8 count grapevine to the left. After the two extended grapevines you will do counts 49-56 without the holds for 8 counts and then return to do counts $49-56$ with the holds

