

You're Invited!

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate east coast swing
編舞者: Christopher J. Spicer (USA)
音樂: All My Rowdy Friends - Hank Williams, Jr.



KNEE SWIVELS, STEP, KNEE SWIVELS

- 1-2 While resting weight on ball of right foot, swivel right knee in, swivel right knee out
- 3-4 Swivel right knee in, step right foot next to left
- 5-6 While resting weight on ball of left foot, swivel left knee in, swivel left knee out
- 7-8 Swivel left knee in, swivel left knee out

STEP, JAZZ BOX STEP, DIAGONAL TOE STRUTS

- 1-2 Step left foot slightly back, step right foot over left
- 3-4 Step left foot slightly back, step right to right side
- 5-6 While walking diagonally towards 10:00, tap left toe forward, step left foot forward
- 7-8 While walking diagonally towards 10:00, tap right toe forward, step right foot forward

STEP, ¼ TURN, SCUFF STEPS, SCUFF ½ TURN

- 1-2 Step left foot back, while making a ¼ turn to the right, step right foot forward (facing 3:00 after turn)
- 3-4 Scuff left foot next to right, step left foot forward
- 5-6 Scuff right foot next to left, step right foot forward
- 7-8 Scuff left foot forward, while making a ½ turn to the left step left foot back (facing 9:00 after turn)

STEP, TOUCH (4)

- 1-2 Step right foot back, touch left next to right (shimmy shoulders)
- 3-4 Step forward on left, touch right next to left (shimmy shoulders)
- 5-6 Step right foot back, touch left next to right (shimmy shoulder)
- 7-8 Step forward on left, touch right next to left (shimmy shoulders)

GRAPEVINE RIGHT, GRAPEVINE LEFT

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, touch left next to right
- 5-6 Step left to left side, step right behind left
- 7-8 Step left to left side, touch right next to left

STEP, HOLD, TOUCH, HOLD (2)

- 1-2 Step right foot to right side, hold
- 3-4 Touch left next to right, hold
- 5-6 Step left to left side, hold
- 7-8 Touch right next to left, hold

CROSS WALKS FORWARD WITH ARM SWINGS

- 1-2 While stepping right foot forward and crossing over left, swing both arms to right side, snap on count 2
- 3-4 While stepping left foot forward and crossing over right, swing both arms to left side, snap on count 4
- 5-6 While stepping right foot forward and crossing over left, swing both arms to right side, snap on count 6
- 7-8 While stepping left foot forward and crossing over right, swing both arms to left side, snap on count 8

REPEAT

RESTART

On the 3rd wall you will do the first 32 counts and restart after touching right next to left

TAG

On the 4th wall, counts 33-40 you will do an extended 8 count grapevine to the right and counts 41-48 you will also do an extended 8 count grapevine to the left. After the two extended grapevines you will do counts 49-56 without the holds for 8 counts and then return to do counts 49-56 with the holds
