#### You're My Jamaica



拍數: 64 牆數: 2 級數: Improver social cha

編舞者: Paul Lipinski (USA) & Noel Castle (AUS)

音樂: You're My Jamaica - Charley Pride



## RIGHT FORWARD PIVOT ½ LEFT, SHUFFLE RIGHT-LEFT-RIGHT, LEFT FORWARD PIVOT ½ RIGHT, SHUFFLE LEFT-RIGHT-LEFT (12:00)

1-2 (	(Starts weight on left) step right forward, pivot left $rac{1}{2}$ turn on left foot (6:00	))

Step right forward, step left together, step right forward
Step left forward, pivot ½ turn right on right foot (12:00)
Step left forward, step right together, step left forward

## CROSS ROCK RIGHT OVER LEFT, RECOVER BACK LEFT, TRIPLE RIGHT-LEFT-RIGHT, CROSS ROCK LEFT OVER RIGHT, RECOVER BACK RIGHT, ½ LEFT TRIPLE (6:00)

1-2	Cross rock right over	left, recover weight or	left (on diagonal 10:30)
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3&4 Step right beside left, step left in place, step right in place (recovering to 12:00)

5-6 Cross rock left over right, recover weight on right (on diagonal 1:30)

7&8 Step left back starting ½ turn left, close right to left, step left completing turn (6:00)

## CROSS RIGHT OVER LEFT, STEP LEFT SIDE, TRIPLE ¾ RIGHT RIGHT-LEFT-RIGHT, LEFT TO DIAGONAL SWAYING HIPS LEFT-RIGHT, SWAY HIPS LEFT-RIGHT-LEFT (3:00)

1-2 Cross right over left, step left side

3&4 Step right back starting ¾ turn right, step left next to right, step right to right completing ¾

turn (3:00)

5-6 Step left slightly forward on diagonal (1:30) swaying hips forward/left, recover weight right

swaying hips back/right

7&8 With feet in same position sway hips forward/left - back/right - forward/left, weight ends on left Optional: for counts 5-8, on the 2nd, 4th, and 5th walls (during the chorus) hold arms out to sides as if you were trying to keep your balance on a rocking ship. Lyrics are "... When I'm being tossed on a stormy sea")

#### CROSS ROCK RIGHT OVER LEFT, RECOVER BACK LEFT, 1/4 RIGHT & SIDE SHUFFLE RIGHT-LEFT-RIGHT, CROSS LEFT OVER RIGHT STEP RIGHT SIDE, LEFT SAILOR (6:00)

1-2 Cross rock right over left, recover weight on left

3&4 Step right to right making a ¼ turn right (6:00), step left together, step right to right

5-6 Step left over right, step right to right

7&8 Sailor step left behind right, step right to right, step left next to right

#### ROCK RIGHT FORWARD, RECOVER BACK LEFT, SHUFFLE ½ RIGHT RIGHT-LEFT-RIGHT, ROCK LEFT FORWARD, RECOVER BACK RIGHT, SHUFFLE ½ LEFT LEFT-RIGHT-LEFT (6:00)

1-2 Rock forward on right, recover weight on left

3&4 Step right starting ½ turn right, close left to right, step right completing turn (turning

shuffle)(12:00)

5-6 Rock forward on left, recover weight on right

7&8 Step left starting ½ turn left, step right next to left, step left completing turn (turning shuffle)

(6:00)

Optional: on the 2nd, 4th, and 5th walls (during the chorus) hold arms out to sides, shoulder height, with hands open upwards for this shuffle turn (7&8) and the next shuffle turn (1&2). Lyrics are "... Where I could spend eternity"

## SHUFFLE ½ LEFT RIGHT-LEFT-RIGHT, ROCK LEFT BACK, RECOVER RIGHT FORWARD, WALK FORWARD LEFT-RIGHT, SHUFFLE ½ RIGHT LEFT-RIGHT-LEFT (6:00)

1&2 Step right starting ½ turn left, step left next to right, step right completing turn (turning shuffle)

(12:00)

3-4 Rock back on left, recover weight on right	
5-6 Walk forward left-right	
7&8 Step left starting ½ turn right, step right next to le (6:00)	eft, step left completing turn (turning shuffle)

# ROCK RIGHT BEHIND LEFT, RECOVER LEFT, SIDE SHUFFLE RIGHT-LEFT-RIGHT, ROCK LEFT BEHIND RIGHT, RECOVER RIGHT, SIDE SHUFFLE LEFT-RIGHT-LEFT (6:00)

1-2	Rock step right behind left, recover weight on left
3&4	Step right side, step left next to right, step right side
5-6	Rock step left behind right, recover weight on right
7&8	Step left side, step right next to left, step left side

### RIGHT TO DIAGONAL SWAYING HIPS RIGHT-LEFT, SWAY HIPS RIGHT-LEFT-RIGHT, LEFT TO DIAGONAL SWAYING HIPS LEFT-HOLD, CIRCLE HIPS TO THE LEFT (6:00)

1-2	Step right slightly forward on diagonal (1:30) swaying hips forward/right, recover weight left
	swaying hips back/left
3&4	With feet in same position sway hips forward/right - back/left - forward/right, weight ends on
	right

Step left slightly forward on diagonal (10:30) while swaying hips forward/left, hold on count 6

Keeping weight on left circle hips to the left (to the left)

Optional: on counts 7-8 while circling hips put left hand on your abdomen and hold right hand up in the air

#### **REPEAT**

#### **TAG**

5-6

7-8

At end of second wall. You are facing front. (music is instrumental only) repeat steps 1-8 & steps 57-64