

You're Real

COPPER KNOB
BY REBECCA HOWARD

拍數: 32 牆數: 4 級數: Improver
編舞者: Maggie Lydon (UK)
音樂: You're Real - Rebecca Lynn Howard



ROCK STEP, BACK LOCK, COASTER STEP, ROCK STEP, SYNCOPATED STEPS WITH ½ TURN LEFT

- 1& Rock right forward, rock back in place on left
2& Step right back, lock left over right
3&4 Right coaster step
5& Rock left forward, rock back in place on right
6&7& Starting to turn left - step left back, close right next to left, left step ¼ turn left, right close next to left
8 Left step ¼ turn left

On 6-8 use fluid hip movements

ROCK STEP, BACK LOCK, COASTER STEP, ROCK STEP, SYNCOPATED STEPS WITH ½ TURN LEFT

- 9-16 Repeat steps 1-8

RIGHT SIDE CLOSE SIDE, SAILOR STEP WITH ¼ LEFT, CROSS SIDE BEHIND, SWEEP LEFT TOE BEHIND

- 17&18 Right step to right side, close left next to right, right step to right side
19&20 Right sailor step with ¼ turn left
21&22 Sweep right leg round in front of left, left step to left side, right step behind left
23-24 Sweep left to round and behind right foot (over 2 counts)

UNWIND FULL TURN LEFT, RIGHT SHUFFLE FORWARD, MAMBO FORWARD, MAMBO BACK

- 25-26 Unwind a full turn to left (over 2 counts)
27&28 Right shuffle forward
29&30 Rock left forward, rock in place on right, close left next to right
31&32 Rock right back, rock in place on left, close right next to left

LEFT FORWARD ROCK, BACK ROCK, KNEE POP, KNEE POP & FINGER CLICK

- 33-34 Step left forward, rock back in place on right
35-36 Step left in place and pop left knee forward, pop right knee forward and click fingers at shoulder height

REPEAT

TAG

On 4th wall, do 1st 8 steps, hold for 2 counts and then carry on with the dance as before