

Young And Mad

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Claire Pulpher (UK)
音樂: Out of My Mind - Will Young



SYNCOPATED WEAWE TO THE RIGHT, HEEL, CROSS UNWIND, LEFT SAILOR STEP

- 1-2 Step right foot to the right side, cross left behind right
- &3 Step right to right side, cross the left in front of right
- &4 Step the right to the right side, touch the left heel to the left diagonal
- &5 Step the left foot down, cross the right over the left
- 6 Unwind a half turn to the left over the left shoulder
- 7&8 Cross left behind right, step right to right side, step left to place

TOUCH AND TOUCH AND TOUCH, HITCH TOUCH, SAILOR STEP TWICE

- 1&2 Touch the right toe to the right side, switch and touch the left toe to the left side
- &3 Switch and touch the right toe to the right side
- &4 Hitch the right knee across the left knee, touch the right toe to the right side
- 5&6 Cross right behind left, step left to left side, step right to place
- 7&8 Cross left behind right, step right to right side, step left to place

POINT, FLICK, TURN, CROSS, LEFT CHASSE, JAZZ BOX, TOUCH

- &1 Point the right toe forward on "&", flick the right toe up on "1", while turning ¼ turn to the left
- 2 Cross the right foot over the left
- 3&4 Step left to left side, close right beside left, step left to left side
- 5-6 Cross the right foot over the left, step the left foot back
- 7-8 Step the right foot to the right side, touch the left foot next to the right

On second wall, step foot down and start again from beginning

ROCK FORWARD, BACK, FORWARD, TOUCH, TURN, AND CROSS, POINT CROSS

- 1& Rock left foot forward, recover
- 2& Rock left foot back, recover
- 3& Rock left foot forward, recover
- 4 Tap left foot back
- 5 Pivot a half turn over left shoulder (weight still on right foot)
- &6 Step left foot down, cross right over left
- 7-8 Tap left foot to the left side, step left foot across the right foot

REPEAT

RESTART

On second wall, on the jazz box at the end of section 3, step the left foot down and start again from the beginning.