

Young & Sexy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4
編舞者: Steve Lescarbeau (USA)
音樂: So Young - The Corrs

級數: Intermediate/Advanced



1st Place JG2 Line Dance Marathon Non-country Int/Adv June 2000

STEP LOCK STEP, STEP LOCK STEP, TOE TOUCH STEP, TOE TOUCH STEP

- 1&2 Step right foot forward, slide left foot behind right, step right forward
- 3&4 Step left foot forward, slide right foot behind left, step left forward
- 5-6 Touch right toe forward, step down on right foot
- 7-8 Touch left foot forward, step down on left foot

PIVOT TURN, HEEL JACK, BALL CROSS, HEEL JACK

- &1&2 Pivot half turn left on ball of left foot placing right toe behind left heel, step back on ball of right foot while putting left heel forward
- &3&4 Step back on ball of left foot, cross right in front of left, step back on ball of left foot, touch heel of right foot forward at a slight angle (these are similar to vaudeville steps)
- &5&6 Step back on ball of right foot, cross left in front of right, step back on ball of right foot, touch heel of left foot forward at a slight angle (these are similar to vaudeville steps)
- &7-8 Step back on ball of left foot, touch right toe out and $\frac{1}{4}$ turn left on the balls of both feet taking weight on the left

HIP BUMPS, HIP BUMPS, HIP ROLL, HIP ROLL

- 1&2 Bump hip right twice with body slightly angled
- 3&4 Bump hip left twice with body slightly angled
- 5-6 Roll hips to the left one full turn for two beats
- 7-8 Roll hips to the left one full turn for two beats dropping weight back on left foot

MOON WALK BACKWARDS

- 1 Pop left knee while sliding right foot back
- 2 Pop right knee while sliding left foot back
- 3 Pop left knee while sliding right foot back
- 4 Pop right knee while sliding left foot back

CROSSING ROCK, CROSSING ROCK

- 5&6 Cross right foot over left, rock bending both knees, step back on right
- 7&8 Cross left foot over right, rock bending both knees, step back on left

REPEAT

You can add styling by changing the angling of your body with each step.