

# Young Hearts Run Free

**COPPER KNOB**  
STEPSHEETS

拍數: 0

牆數: 2

級數: Intermediate

編舞者: Jill Tait (UK)

音樂: Unknown



Sequence: AAB AAAAB AABBBB AA

## PART A

### CHASSE RIGHT, ½ TURN RIGHT WITH STEP LEFT, HOLD, ½ TURN LEFT, CHASSE RIGHT, TOE, KICK

- 1&2 Step right to right side. Close left beside right. Step right to right side
- 3&4 Turn ½ turn right with step to left side on left foot. Hold
- 5&6 Turn ½ turn left. Step right to right side. Close left beside right. Step right to right side
- 7-8 Touch left toe beside right. Kick left forward

### CHASSE LEFT, ½ TURN LEFT, WITH STEP RIGHT, HOLD, ½ TURN RIGHT, CHASSE LEFT, TOE, KICK

- 9&10 Step left to left side. Close right beside left. Step left to left side
- 11&12 Turn ½ turn left with step to right on right side on right foot. Hold
- 13&14 Turn ½ turn right. Step left to left side. Close right beside left. Step left to left side
- 15-16 Touch right toe beside left. Kick right forward

## SAILOR STEPS, RIGHT MONTEREY TURN

- 17&18 Cross right behind left. Step left to left side. Step right to place
- 19&20 Cross left behind right. Step right to right side. Step left to place
- 21 Touch right toe to right side
- 22 On ball of left, pivot ½ turn right, stepping right beside left
- 23-24 Touch left to left side. Step left beside right

## RIGHT KICK BALL CHANGE, RIGHT MONTEREY TURN

- 25&26 Kick right foot forward. Step right foot in place. Step left foot in place
- 27&28 Kick right foot forward. Step right foot in place. Step left foot in place
- 29 Touch right to right side
- 30 On ball of left, pivot ½ turn right, stepping right beside left
- 31-32 Touch left to left side. Step left beside right

## PART B

### CHASSE RIGHT, BACK ROCK, TRIPLE ½ TURN RIGHT, BACK ROCK

- 1&2 Step right to right side. Close left beside right. Step right to right side
- 3-4 Rock back on left. Rock forward onto right
- 5&6 Triple step ½ turn right - stepping left, right, left
- 7-8 Rock back on right. Right forward onto left

## WALK, FORWARD, KICK, MASHED POTATO BACK, SYNCOPATED JUMPS FORWARD & BACK WITH CLAPS

- 9-12 Walk forward - right, left, right. Kick left forward
- &13 Split heels apart. Bring feet together sliding right behind left
- &14 Split heels apart. Bring feet together sliding left behind right
- &15 Split heels apart. Bring feet together sliding right behind left
- &16 Split heels apart. Bring feet together sliding left behind right
- &17-18 Jump forward, landing right, then left. Hold & clap
- &19-20 Jump back, landing right, then left. Hold & clap