# **Zest Appeal**



拍數: 48 編數: 4 級數: Intermediate cha cha

編舞者: Michele Perron (CAN)

音樂: Boom Shack-A-Lack - Apache Indian



#### SIDE, FORWARD, BACK, CHA-CHA BACK/TURN, BACK, FORWARD, CHA-CHA SIDE

1-2-3	Right step to side right, left break/step forward, right recover/step back
4&5	Left locking cha-cha back with ¼ turn right (begin turn, lock, turn) (3:00)

6-7 Right break/step back, left recover/step forward

8&1 Right cha-cha side right

### SIDE, FORWARD, BACK, CHA-CHA BACK/TURN, BACK, FORWARD, CHA-CHA SIDE

2-3 Left break/step forward, right recover/step back

4&5 Left locking cha-cha back with ¼ turn right (begin turn, lock, turn) (6:00)

6-7 Right break/step back, left recover/step forward

8&1 Right cha-cha side right

#### HITCH, ACROSS, BUMP & BUMP, ROCK, ROCK/TURN, CHA-CHA FORWARD

2 Left knee/hitch across front of right (face diagonal right)

3 Left step in front of right (face diagonal right)

4&5 Hip bumps: back, center, back

6-7 Left rock forward, execute ¼ turn left with right rock back (3:00)

Option: end with left in spiral foot position 8&1 Left cha-cha forward

#### TURN/TOUCH, TURN/STEP, CHA-CHA FORWARD, FORWARD, TURN, CHA-CHA FORWARD

2 Execute ¼ turn left with right touch to side right, finger snaps above shoulders, bend knees

slightly (12:00)

3 Execute ¼ turn right with right step forward (3:00)

4&5 Left cha-cha forward

6-7 Right step forward, execute ½ turn left with left step (forward) (9:00)

8&1 Right cha-cha forward

## TURN/TOUCH, TURN/STEP, CHA-CHA FORWARD, FORWARD, PIVOT/TURN, CHA-CHA FORWARD

2 Execute ¼ turn right with left touch to side left, finger snaps above shoulders, bend knees

slightly (12:00)

3 Execute ¼ turn left with left step forward (9:00)

4&5 Right cha-cha forward

6-7 Left step forward, execute ½ turn right with right step (forward) (3:00)

8&1 Left cha-cha forward

#### FORWARD, BACK, CHA-CHA BACK, BACK, FORWARD, TOGETHER

2-3 Right break/step forward, left recover/step back

4&5 Right cha-cha back

6-7 Left break/step back, right recover/step forward

8 Left step beside right

#### **REPEAT**

Option: on any cha-cha traveling forward or back, execute locking cha-cha

#### **TAG**

After two repetitions (back wall), execute two sets of "crossover breaks", total 16 counts

1-2	Right step to side right (toes turned out), execute 1/4 turn right left break/step forward	
3	Right recover/step back with ¼ turn left	
4&5	Left cha-cha to side (toes turned out on 5)	
6	Execute ¼ turn left, right break/step forward	
7	Left recover/step back with ¼ turn right	
8&	Right cha-cha side right (right step side right, left step beside right)	
0.400		

9-16& repeat counts 1-8& Option: execute walkaround (full) turns to the right (counts 2,3,4) or to the left (counts 6,7,8)