# Zhen Qing Bi Jou Nong



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Peg-Foo Siew

音樂: Zhen Qing Bi Jou Nong - Jiang Shu Na



## POINT, CROSS, STEP BALL POINT, VINE LEFT AND POINT

1-2 Point left toe to left side, cross left behind rig
--

3&4 Step right to right side, step left next to right, point right toe to right side

5-6 Cross right behind left, step left to left side7-8 Cross right over left, point left toe to left side

## CROSS, UNWIND 3/4 TURN RIGHT, BACK SHUFFLE, BACK ROCK, WALK, WALK

1-2 Cross left over right, unwind ¾ right ending with weight on left

3&4 Step right back, step left next to right, step right back

5-6 Step left back, rock forward on right7-8 Step left forward, step right forward

### STEP, PIVOT ½ TURN RIGHT, STEP, ROCK, ROCK, STEP, PIVOT ½ TURN LEFT, STEP, ROCK, ROCK

1-2 Step left forward, pivot ½ turn right

3&4 Angle your body with left shoulder diagonally forward as you step left forward, rock back on

right, rock forward on left

5-6 Step right forward, pivot ½ turn left

7&8 Angle your body with right shoulder diagonally forward as you step right forward, rock back

on left, rock forward on right

# LOCK DIAGONAL FORWARD LEFT, HIP BUMPS DIAGONAL RIGHT, LOCK DIAGONAL FORWARD RIGHT, HIP BUMPS DIAGONAL LEFT

1&2	Step left diagonally forward left, lock right behind left, step left diagonally forward left
3-4	Step right diagonally forward right and bump hips in the same direction, recover weight on left
5&6	Step right diagonally forward right, lock left behind right, step right diagonally forward right
7-8	Step left diagonally forward left and bump hips in the same direction, recover weight on right

### FORWARD, TOUCH, BACK SHUFFLE, BACK, TOUCH, FORWARD SHUFFLE

1-2	Step left forward, touch right toe behind left foot
3&4	Step right back, step left next to right, step right back
5-6	Step left back, touch right toe in front of left foot

7&8 Step right forward, step left next to right, step right forward

### TURN, TURN, TURN CHASSE, CROSS ROCK, SIDE, TOGETHER, STEP

1-2	Make a $\frac{1}{4}$ right turn and step left to left side, turn another $\frac{1}{4}$ right and step right forward
3&4	Continue with another ¼ turn right and step left to left side, step right next to left, step left to

left side

5-6 Cross right behind left, rock back on left

7&8 Step right to right side, step left next to right, step right in place

#### **REPEAT**