

Best Friends!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: M.T. Groove (UK)
音樂: Why You Follow Me - Eric Benét



SIDE

TOUCHES X2,
TRIPLE FULL
TURN, BACK
ROCK POINT.

1-2-3-4 Step R
big step to R
side, Touch L
next to R,
Repeat leading
L.

5&6 Make full
turn travelling R
stepping R,L,R.
7&8 Rock L
behind R,
Recover R,
Point L to L
side.

CROSS

TWINKLE $\frac{1}{4}$
TURN, KICK &
TOUCH, L
SHUFFLE,
TRIPLE $\frac{3}{4}$
TURN.

1&2 Cross L
over R, Step R
to R side as you
 $\frac{1}{4}$ turn L, Step L
in place.

3&4 Kick R
forward. Step
back onto R,
Touch L next to
R.

5&6 Step
forward L, Close
R next to L,
Step forward L.

7&8 Make $\frac{1}{2}$
turn L stepping
back on R,
Make $\frac{1}{4}$ turn L
step L to L,
Touch R toe
across L as you
lean body back.

**HIP SWAYS,
BEHIND &
CROSS. HIP
SWAYS,
BEHIND TURN
STEP.**

1-2 Step R to R
side as you
sway your hips
R,L.

3&4 Step R
behind L, Step L
to L side, Cross
R over L

5-6 Step L to L
side as you
sway your hips
L,R.

7&8 Step L
behind R, Step
forward R
making $\frac{1}{4}$ turn
R, Step forward
L.

**WALK WALK,
STEP PIVOT
STEP, FULL
TURN, STEP
PIVOT STEP.**

1-2 Walk
forward R,L.

3&4 Step
forward R, Pivot
 $\frac{1}{2}$ turn L, Step
onto R.

5-6 Step back
on L as you
make $\frac{1}{2}$ turn R,
Step forward R
as you $\frac{1}{2}$ turn
R.

7&8 Step
forward L, Pivot
 $\frac{1}{2}$ turn R, Step
forward L.

**STEP TOUCH,
SIDE ROCK &
STEP, ROCK $\frac{1}{2}$
TURN, KICK &
TOUCH.**

1-2 Step
forward R,
Touch L next to
R.

3&4 Rock L to L
side, Recover
R, Step forward
L.

5&6 Rock
forward R,
Recover L,
Make ½ turn R
stepping
forward R.
7&8 Kick L
forward, Step
on L as you ¼
turn L, Touch R
next to L.

**SIDE ROCK
RECOVER
HITCH, CROSS
SHUFFLE,
SIDE PRESS
RECOVER,
BEHIND SIDE
CROSS.**

1&2 Rock R to
R side, Recover
L, Hitch R knee
across L as you
raise up on ball
of L.
3&4 Cross R
over L, Step L
to L side, Cross
R over L.
5-6 Step L to L
side pressing on
ball of L with L
leg slightly bent,
(upper body
leans over L
leg), Recover
R.
7&8 Step L
behind R, Step
R to R side,
Cross L over R.

**SIDE ROCK &
CROSS, POINT
SWITCH
POINT, &
CROSS
UNWIND, HIP
BUMPS.**

1&2 Rock R to
R side, Recover
L, Cross R over
L.
3&4 Point L to L
side, Step L in
place(&), Point
R to R side.

&5-6 Step R in place(&), Cross L over R, Unwind ½ turn R.
7&8 Bumps hips forward, back, forward. ?
Weight ends up forward on R.

STEP, TOE TOUCHES, & STEP PIVOT, R PRESS, L COASTER STEP.

1-2& Step forward L, Touch R toe across L, Step R in place.
3&4 Touch L toe across R, Step L in place, Step forward R.
5-6 Pivot ½ turn L, Step forward R pressing onto ball of R ? lean forward.
7&8 Step back L, Step R next to L, Step forward L.

Tag:

1&2 Rock R behind L, Recover L, step R to R side.
3&4 Repeat above leading with the L.
5&6 Rock forward R, Recover L, Step R in place.
7&8 Bump hips L,R,L ? Weight is now on L.

Tag Is danced 3 times only:

Start the dance with it!

Wall 2: Tag is
danced after
count 8 on
section 4 (you?ll
be facing the 9
O?clock wall)
continue with
rest of dance.

Wall 3: Danced
at end of wall 3
? facing 6
o?clock wall.

Smile and
Enjoy!!!
Don?t Just
Move it ?
Groove It!!!
