Just Country

拍數: 32

級數: Beginner

編舞者: Christopher Stimson (DE)

音樂: Leap Of Faith - Delbert McClinton

KICK BALL CROSS, KICK BALL CROSS, KICK, CROSS, WEAVE

- 1&2 Right foot kick diagonal to the right forward, change weight on ball of right foot, left foot cross in front of right foot
- 3&4 Repeat 1&2
- Right foot kick to right side, right foot cross step in front of left foot 5-6
- 7&8 Left foot step to the left, right foot cross behind left foot, left foot step to the left

1/2 TURN, SIT UP, & TOUCH & KICK & TOUCH & KICK

- 1-2 Right foot step forward, 1/2 turn to the left weight is on right foot
- 3-4 Bump your hips down and up
- &5 Left foot step in place, right foot touch next to left foot
- Right foot step back, left foot kick forward (at the kick you look to right) &6
- &7 Left foot step next to right foot, right foot touch next to left foot
- Right foot step back, left foot kick forward (at the kick you look to the right, left foot step next &8& to right foot)

STEPS, KICK BALL STEP, ½ TURN, KICK OUT OUT

- 1-2 Right foot step forward, left foot step forward
- Right foot kick forward, on ball of right foot step back, left foot step next to right foot (at 4 both 3&4 hands say stop forward, and at same time push your hips back)
- 5-6 Right foot cross behind left foot, 1/2 turn to the right
- 7&8 Left foot kick forward, left foot small step to the left, right foot small step to the right

HIP BUMPS, REVERSE SAILOR STEP, ¾ TURN

- Hip bump to the left side, hip bump to the right side 1-2
- 3&4 Bump left, bump right, bump left
- 5&6 Right foot cross in front of left foot, left foot small step to the left, right foot small step to the right
- 7-8 Left foot cross behind right foot, 3/4 turn to the left

REPEAT





牆數:4