Just Live



編舞者: Guyton Mundy (USA) 音樂: It's All the Way Live - Coolio



SCUFF, TOUCH, ROCK/RECOVER, SYNCOPATION, ROCK/RECOVER

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1-2	Scuff right forward, touch right beside le	ett

3-4 Rock right to side, recover on left

5&6 Step right behind left, step left to side, cross right in front of left

7-8 Rock left out to side recover on right

1/4 TURN COASTER, SCUFF, STEP, STEP, SHAKE, BACK STEP, BACK TOUCH

1&2	While making a ¼ turn to the left, step left back, right together, left forward

3&4 Scuff right forward, step forward on right, step together with left

5&6 Shake hips left, right, left

7-8 Step back with right, touch left back

1/2 TURN, STEP, SAILOR, TOUCH, BACK STEP, HIP BUMPS

1-2	Make a ½	turn to t	he left. ste	p forward	l on riaht

3&4 Step left behind right, step right together, step forward on left

5-6 Touch right forward, step back on right

7-8 Shake hips, left, right

HIP BUMPS, KICK BALL CHANGE (TWICE), STEP, TOUCH TO SIDE

1-2 Shake hips left, right

3&4 Kick right foot forward, step on right, step forward on left5&6 Kick right foot forward, step on right, step forward on left

7-8 Step forward on right, touch left out to left side

1/4 SWIVELS, SCUFF 1/4 TURN, SYNCOPATION

1-2 Swivel body ¼ turn to left, swivel body ¼ turn back to right

3-4 Swivel body ¼ turn to left, scuff right foot forward 5 Step down on right while making a ¼ turn to the left

6&7 Step left behind right, step right to right side, cross left in front of right

8 Step right to right side

TOUCH, STEP, SLIDE, TOUCH, TOUCH OUT, BEHIND, ½ TURN, STEP

1-2 Touch left beside right, step left big step to left

3-4 Slide right to left, touch right beside left

Touch right out to right side, touch right behind left
Make a ½ turn to the right, step forward on left

REPEAT