# Just Say It



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Dee Musk (UK) & Lauren Caulfield (UK) 音樂: I Wanna Hear You Say It - Michael Bolton



### SIDE LUNGE, FLICK, BEHIND, ½ TURN LEFT, STEP, POINT DOWN & UP, FLICK, CROSS STEP CROSS

1-2	Weight on left, lunge right to right sid	e, recover weight to left, and flick right foot to right

diagonal

3&4 Step right behind left, make a ½ turn left stepping left forward, step right next to left

5-6 Point left toe forward (weight remaining on right), bend down, stand up and flick the left foot

forward

&7&8 Step left next to right, cross right foot over left, step left to left side, cross right foot over left

### POINT, HOOK ¾ TURN LEFT, STEP LOCK STEP, SIDE CLOSE, SIDE CLOSE SIDE

1-2 Point left to left side, hook left in front of right while turning ¾ turn left (weight remaining on

right)

Step forward on left, lock right behind left, step forward on left Step right to right side, close left to right (Cuban hip style)

7&8 Step right to right side, close left to right, step right to right side (Cuban hip style)

### ROCK RECOVER, 1 1/4 TURN LEFT, MONTEREY 1/2 TURN RIGHT WITH SIDE ROCK & CROSS

1-2 Rock left across right, recover weight on to right

3&4 ½ turn left, stepping left forward, ½ turn left, stepping right foot back, ½ turn left, stepping left

forward

Point right toe to right side, ½ turn right, stepping right foot next to left Rock left to left side, recover weight on to right, cross left over right

## TRAVELING BACKWARDS ROCK & CROSS TWICE, ROCK 1/4 TURN TOUCH, BACK LUNGE AND TOUCH

1&2 Rock right to right side, recover weight on to left, cross right over left.(traveling backwards)

3&4 Repeat above steps on the left

Rock right to right side, ¼ turn left, stepping left forward, touch right behind left

7&8 Lunge right foot back, leaning back on the right and looking over your right shoulder, recover

weight on to the left, and bring right to touch behind left

### **REPEAT**