

Just Shine

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ronnie Fortt-Mitchell (UK)
音樂: Shine - Vanessa Amorosi



CROSS, ROCK ROCK, CROSS, HITCH POINT ¼ TURN

1-2&3 Step left across right, rock onto right, recover onto left, step right across in front of left
&4 Hitch left knee while making a ¼ turn right point left to left side

CROSS SHUFFLE, ROCK ROCK, CROSS POINT

5&6 Step left across right, step right to side, step left across right
&7&8 Rock out onto right, recover left, step across on right, point left to side

STEP, BUMP & BUMP

1-2&3 Step forward on left, step forward onto right pushing hips forward, bump hips back, bump hips forward

BACK LOCK STEP, ROCK STEP

&4&5-6 Step back on left, lock right over left, step back on left, rock back on right, rock forward onto left

HITCH TURN, HITCH TURN

&7&8 Hitch right knee making ¼ turn left, point right out to right side, repeat

CROSS, SIDE TOGETHER, SIDE TOGETHER, SIDE

1-2&3&4 Step right foot across left, step left to left side, step right beside left, step left, step right beside left, step left to side (hips swaying)

ROCK ROCK STEP, & TURN, & TURN

5&6 Rock right across left, rock back onto left, step right make ¼ turn right
&7&8 Hitch left knee making ½ turn right, point left out to left side, repeat

STEP ROCK STEP, STEP ROCK STEP

1-2&3-4& Step left foot forward, rock right to right side, step left in place, step right foot forward, rock left to left side, step right in place

STEP PIVOT TURN, SKATE SKATE

5-6-7-8 Step forward on left, make ½ pivot turn right, skater step forward on left, skater step forward on right

REPEAT
