Just Waltzing

拍數: 48

級數: Intermediate/Advanced waltz

編舞者: Annette Wright (UK)

音樂: Waltz Out Of My Life - Paul Bailey

To gain maximum enjoyment from the dance, make the steps that are over 2 counts flow on into the next step

WEAVE, STEP FORWARD ¼ TURN LEFT, HITCH ¼ TURN LEFT

- 1 Right foot step across left foot to left
- 2-3 Left foot step to left, right foot step behind left foot to left
- 4 Making a 1/4 turn to left, step forward on left foot
- 5-6 Making a further 1/4 turn to left hitch right knee, over 2 counts
- 1-2-3 Repeat 1-2-3 of this section
- 4-5-6 Repeat 4-5-6 of this section

JAZZ BOX 1/2 TURN RIGHT, LONG SIDE STEP, SLIDE

- 1 Right foot step across over left foot
- 2 Making a ¼ turn to right, step back on left foot
- 3 Making a further 1/4 turn to right, step forward on right foot
- 4-5-6 Left foot make a long step to left, right foot slides towards left foot over 2 counts
- 1-2-3 Repeat 1-2-3 of this section
- 4-5-6 Repeat 4-5-6 of this section

STEP FORWARD/ACROSS, TOE TOUCH, PAUSE

- Right foot step forward and across left foot 1
- 2-3 Left toe touch to left side(with straight leg), pause
- 4 Left foot step forward and across right foot
- 5-6 Right toe touch to right side(with straight leg), pause

STEP BACK/ACROSS, TOE TOUCH, PAUSE, STEP FORWARD/ACROSS, HITCH ¼ TURN LEFT

- 1 Right foot step backwards, behind and across left foot
- 2-3 Left toe touch to left side(with straight leg), pause
- 4 Left foot step forward and across right foot
- 5-6 Making a ¹/₄ turn to left hitch right knee, over 2 counts

TURN 1/2 TURN LEFT TWICE (OR WALK), STEP FORWARD, HITCH

- 1 Making a ¹/₂ turn to left step backwards on right foot
- 2 Making a further $\frac{1}{2}$ turn step on left foot, (a small step)
- 3 Right foot step beside left foot
- 4-5-6 Left foot step forward, hitch right knee over 2 counts

If anyone doesn't like turning they can dance the following on counts 1-2-3

- 1 Right foot step forward
- 2 Left foot a small step forward
- 3 Right foot step beside left foot

TWINKLES TWICE

- 1-2-3 Right foot step across over left foot, left foot step to left, right foot step in place
- 4-5-6 Left foot step across over right foot, right foot step to right, left foot step in place

REPEAT





牆數: 4