

# Just Work It

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Mark Furnell (UK)  
音樂: I Like The Way You Work It - EYC



## KICK, KICK BALL CHANGE KICK AND POINT, TURN, POINT, TOUCH

- 1-2      Kick right foot back, kick right foot forward
- &3-4      Step down on ball of right foot, step down on left and kick right foot forward
- &5-6      Step down on right foot making  $\frac{1}{4}$  turn right and point left toe out to left side, pivot whole turn left on right stepping left to right
- 7-8      Point right toe out to right side, touch right to left

## HIP BUMPS, HIP BUMPS, CROSS UNWIND, STEP SLIDE CLOSE

- 9&10      Step side on right and bump hips right, left, right
- 11&12      Pivot  $\frac{1}{2}$  turn left on right foot and step side on left and bump hips left, right, left
- 13-14      Cross right over left and unwind a whole turn left, (weight end on left foot)
- 15-16      Step a large step to right on right, slide left to right (weight end on left)

## HEEL SWITCH HEEL, STEP SWIVEL HEELS, TOUCH HITCH CROSS, TRIPLE FULL TURN

- 17&18      Touch right heel forward, step down and touch left heel forward
- &19&20      Step down on left and step forward on right foot, swivel both heels out and in
- 21&22      Making  $\frac{1}{4}$  turn right touch left toe out to side, hitch left knee and cross left over right
- 23&24      Step side on right foot making  $\frac{1}{4}$  turn left, step back on left making  $\frac{1}{2}$  turn left, step side right making  $\frac{1}{4}$  turn left

## STEP OUT, OUT, TOE HEEL SWIVELS IN, SYNCOPATED ROCKING CHAIR, KICK TURN KICK

- 25-26      Step left foot out to side and slightly forward, step right foot out side (feet should now be shoulder width apart with weight on both feet)
- 27&28      Swivel both toes in, swivel both heels in, swivel both toes in, (you should now be standing straight with you weight on left foot)
- 29&30&      Rock forward right, back on left, rock back on right, forward on left
- 31&32&      Kick right foot forward, step down on right foot making  $\frac{1}{2}$  turn left and kick left forward, step down left

## REPEAT