

拍數: 40 編數: Intermediate/Advanced

編舞者: Jay Brenneman

音樂: Don't Tell Me - Madonna



FORWARD SHUFFLE DIAGONALLY WITH ANKLE LOCK, SIDE STEP, BACK STEP, STEP TOGETHER, HOLD, HEEL TO TOE

1	Step right diagonally	y forward and to the right

& Step left diagonally forward to right side of right foot (ankle lock)

Step right diagonally forward and to the right

3 Step left to the side
4 Step right backward
5 Step left together

6 Hold for a beat & shift weight to balls of both feet and swivel heels outward

Shift weight to heels of both feet and swivel toes outward
 Shift weight to balls of both feet and swivel toes inward
 Shift weight to heels of both feet and swivel heels together

9-16 Do it all again as above only this time starting with your left foot

JAZZ TURN WITH HEEL DIG, ½ PIVOT TURN LEFT, QUICK STEPS FORWARD, STEP TOGETHER, HEEL SWIVELS

17 Cross step right in front of left

18 Step left to side

19 Turning ¼ turn right on left, tap right heel forward

& Shift weight to right

20 Pivot ½ turn left keeping weight on right

Step forward on leftStep forward on right

22 Turning diagonally right step left together

Swivel heels to the right
Swivel heels to the left
Swivel heels to the right

SIDE SHUFFLE, BACK STEP CROSSES

Step right to sideStep left togetherStep right to side

27 Cross step left behind right28 Cross step right behind left

29-32 Do it all again just like above only this time start with your left foot

JUMP CHANGES, EXTEND BACKWARD (AIR KICK), SCUFF FORWARD AND STOMP, SIDE SWINGS, CROSS STEP, ½ PIVOT TURN

33	Tap right heel forward
&	Tap left heel forward
34	Tap right heel forward

& Extend left leg backward lifting foot in the air (or tap behind if it helps to keep your balance)

35 Scuff left heel forward

36 Stomp left heel forward (do not take weight)

Step left together as you simultaneously swing right out to the side
Swing right out to side as you simultaneously step in place
Cross step left behind right
Pivot on left ½ turn left

REPEAT