



拍數: 48

牆數:2

級數: Intermediate



音樂: Jezabel - Ricky Martin



SKATES FORWARD, RIGHT SHUFFLE FORWARD, ROCK RECOVER, LEFT SHUFFLE BACK

- 1-2 Skate forward on right, skate forward on left
- 3&4 Right shuffle forward (right, left, right)
- 5-6 Rock forward on left, recover back on right
- 7&8 Left shuffle back (left, right, left)

SLIDES BACK, ¼ TURN LEFT, TOE SLIDES, ¼ TURN RIGHT, FLICK/KICK BALL CHANGE

- 9-10 Slide right foot back taking weight, slide left toe back (keeping weight on right)
- 11-12 Keeping feet where they are, ¼ turn left and exchange weight to left foot, slide right toe along floor in front of left (head turns to look left side)
- 13-14 Slide right toe along floor in front of left to right side (head turns to look right side), keeping feet where they are, ¼ turn right (right toe should now be pointed in front of left & facing front wall)
- 15&16 Flick/kick right toe to right diagonal, step down on right, cross step left forward and over right

SIDE ROCKS, CROSS SHUFFLES

- 17-18 Rock side right, recover onto left
- 19&20 Cross shuffle right over left (moving slightly forward)
- 21-22 Rock side left, recover onto right
- 23&24 Cross shuffle left over right (moving slightly forward)

34 TURN LEFT, PIVOT 1/2 TURN LEFT, FORWARD MAMBO & CROSS, COASTER STEP

- 25-26 ¹/₄ turn left as you step back on right, ¹/₂ turn left as you step forward on left
- 27&28 Step forward on right, ½ pivot turn left, step forward on right
- 29&30 Rock forward on left, recover on right, step back on left (slightly behind right)
- & Cross step right over left
- 31&32 Step back on left, step back on right, step forward on left

SHUFFLES FORWARD WITH ½ PIVOT TURNS

- 33&34 Right shuffle forward (right, left, right)
- 35-36 Step forward on left, ½ pivot turn right
- 37&38 Left shuffle forward (left, right, left)
- 49-40 Step forward on right, ¹/₂ pivot turn left

1⁄4 TURN LEFT & STEP BACK CROSS, SYNCOPATED CROSS SHUFFLE BACK

- 41&42 ¹/₄ turn left stepping right foot down, step back on left (turning to face left diagonal), cross right over left
- 43&44 Step left to left side, step back on right (turning to face right diagonal), cross left over right
- 45&46 Step right to right side, step back on left (turning to face left diagonal), cross right over left & Step back on left (still facing left diagonal)
- 47&48 Cross step right over left, step back on left, cross right over left (facing left diagonal)
- & Step back on left and straighten up to start again at back wall

Counts 41 to 48& you will be traveling backwards

REPEAT