Jezabel Cha Cha



拍數: 32 牆數: 2 級數: Intermediate/Advanced

編舞者: Tai Tsang (CAN) 音樂: Jezabel - Ricky Martin



FORWARD 2 STEPS, QUARTER TURN TO LEFT, FRONT LOCK, BACK ROCK TWICE, FRONT LOCK

1-2-3 Left foot step forward, right foot step forward making a ¼ turn to the left on ball of right foot,

left foot step forward

4& Right foot step forward, left foot touch behind left foot (5th position)
5-6 Slide right foot behind left foot, slide left foot behind right foot

7-8& Right foot step slightly forward, left foot step forward, right foot touch behind left foot (5th

position)

SPOT TURN, CROSS OVER, COASTER STEP

1-2-3 Left foot step forward, right foot step forward making a ½ left turn, cross left foot over right

(close to right foot like a back lock)

4&5 Right foot step back, left foot step next to right, right foot step forward

SKATE FORWARD, SPOT TURN, SAILOR STEP TO RIGHT

6-7 Skate left foot forward, skate right foot forward8-1 Skate left foot forward, skate right foot forward

2-3 Left foot step forward, make a ½ turn to the right without shifting weight to the right foot 4&5 Right foot step to the right side, left foot cross behind right foot, right toes touch to right side

SIDE STEP TO LEFT, HIP TWIST

6-7 Right foot cross behind left foot, left foot step to left side

8&1 Cross right foot over left, swivel left foot next to the right foot, right foot step to the right

SPOT TURN TO RIGHT, 1 ½ TURN TO RIGHT, CROSS STEP, ¾ TURN TO LEFT

2-3 Left foot step forward making a ½ turn to the right, right foot step in place making another ½

turn to the right

Left foot step slightly forward continue making a ½ turn to the right, right foot step forward

(small step), left foot step forward

6-7-8 Step right foot across left foot making a ¾ turn to the left on right heel, finish turn with weight

on right foot

REPEAT