

拍數: 48 牆數: 4 級數: Intermediate

編舞者: John Robinson (USA) 音樂: Slam Dunk - Five



This dance debuted at the 1999 jg2 Line Dance Marathon

SYNCOPATED TOE POINTS WITH 1/4 TURN RIGHT; REPEAT

1&2& Tap right toe forward, step right foot home, tap left toe forward, ste	ep left foot home
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3&4 Tap right toe to side, bring right foot in tapping toe about 6" to right of left foot, pivot ¼ right

on ball of left foot tapping right toe next to left foot

5&6& Tap right toe forward, step right foot home, tap left toe forward, step left foot home

7&8 Tap right toe to side, bring right foot in tapping toe about 6" to right of left foot, pivot ¼ right

on ball of left foot tapping right toe next to left foot

WALK FORWARD RIGHT, LEFT; FORWARD "MAMBO" STEP; WALK BACK LEFT, RIGHT; 2 HIP BUMPS BACK

1-2	Step forward right	. step forward left
1-4	Oleb forward fight	. Jieb ioi wai u iei

3&4 Rock forward on right foot, step left in place, step right slightly back

5-6 Step back left, step back right

7&8 Keeping weight back over right foot, bump right hip back twice

&WALK FORWARD RIGHT, LEFT; FORWARD "MAMBO" STEP; WALK BACK LEFT, RIGHT; 2 HIP BUMPS BACK

&1-2	Shift weight to left foot	ot, step forward right, step forward le	eft

Rock forward on right foot, step left in place, step right slightly back

5-6 Step back left, step back right

7&8 Keeping weight back over right foot, bump right hip back twice

& SIDE RIGHT, CROSS, RIGHT SIDE "MAMBO", STEP SIDE LEFT, CROSS, PADDLE (CHUG) TURN 1/4 RIGHT

&1-2	Shift weight to left foot, step side right, step left across right
3&4	Rock side right on right, step left in place, step right across left

5-6 Step side left on left, step right across left

7&8 Touch left toe to side, pivot ¼ right on right hitching left knee, step left next to right

SYNCOPATED TOE POINTS, 3 HEEL BOUNCES TURNING 1/4 RIGHT: REPEAT

Tap right toe forward, step right foot home, tap left toe forward

3&4 With weight on balls of both feet, bounce heels on floor 3 times gradually turning ¼ right

Finish with weight on left foot

Tap right toe forward, step right foot home, tap left toe forward

7&8 With weight on balls of both feet, bounce heels on floor 3 times gradually turning ¼ right

Finish with weight on left foot

Styling Option: On heel bounces, place hands on top of thighs, lean forward slightly as you start the turn and straighten up as you finish

KICK & KICK (TRAVELING FORWARD), & STEP KNEE POP, CLAP, CLAP, SLAP, HOLD, SNAP, SNAP

1&2&	Kick right forward.	sten right down	kick left forward	step left down
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3&4 Step right next to left, rise up on balls of feet, raising heels off floor causing knees to "pop"

forward, drop heels/straighten knees

Clap hands twice, slap hands on upper thighs, clap hands once
Raise hands preparing to snap fingers(hold), snap fingers twice