

拍數: 32 牆數: 4 級數: Intermediate

編舞者: Michele Perron (CAN) 音樂: Don't Be Silly - Jon Secada



BACK, TOUCH, BACK, TOUCH, HOLD, &-FORWARD, FORWARD, TURN

1	Right step	diagonal	back right

2 Left toe/touch diagonal left forward (left hand rolls/circles down to flexed hand position, palm

down) (head looks left)

3 Left step diagonal back left

4 Right toe/touch diagonal forward right (right hand rolls/circles down to flexed hand position,

palm down) (head looks right)

5 Hold

&-6 Right step back; left step forward

7-8 Right step forward; execute ½ turn left with left step forward (6:00)

TURN/BACK, HOLD/ARMS, TOGETHER/FORWARD, FORWARD, TURN, ACROSS, TOUCH, TOGETHER, TOUCH

1 Execute ½ turn left with right step back (12:00)

Arms: prep: left & right arms forward as you step back

2 Hold with arm action: bend right elbow and pull right arm back, left arm is forward, both

shoulder height) (like bow and arrow action)

&-3 Left step beside right; right step forward

4 Left step forward

5 Execute ¼ turn right with right step side right (3:00)

6 Left step across front of right

7&8 Right touch side right; right step beside left; left touch side left

ACROSS, SIDE-RECOVER-ACROSS, TURN/BACK, ROCK-RECOVER-HITCH, HIP WALK, HIP WALK

1-2 Left step across front of right; right rock/step side right&-3 Left recover/step side left; right step across front of left

4 Execute ¼ turn right with left step back (6:00) 5& Right rock/step back; left recover/step forward

6 Right knee hitch across front of left knee (left knee bends)

7-8 Right hip walk forward *; left hip walk forward *

Hip walk: push hip forward as you step diagonal forward

On third rotation, you will dance to here, then restart facing 12:00 wall

FORWARD, FORWARD, TURN, AND-TOGETHER, BUMP, FORWARD, FORWARD TURN, TRIPLE LEFT

1-2 Right step forward; left step forward

& Execute ½ turn right with right step forward (12:00)

Left step beside right and bend both knees
Bump hips back as you straighten knees
Right step forward; left step forward

& Execute ¼ turn right with right step side (3:00)

7&8 Left triple step in place (first foot position)

REPEAT

RESTART

On wall 3, restart after count 24

