Jump



拍數: 50

編舞者: Ceris Davies & Peter Parker

音樂: Jump - Bus Stop

級數: Intermediate



Start dance after you hear "Let me see you jump" about 33 seconds into the song

牆數:2

4.0	
1-2	Walk forward on right, left
3-4	Right shuffle forward on (right, left, right)
5-6	Left side shuffle on (left, right, left)
7-8	Right sailor step
9-10	Step forward on left hold
11	Bring right up behind left
12-14	(Repeat counts 9-11)
15-16	Step right forward hold
17-18	Pivot ½ turn over right shoulder
19-20	Stomp right then stomp left beside right
21-24	Left sailor then right sailor step
25	Right jumping jack at 45 degrees
26	Left jumping jack at 45 degrees
27-28	Right kick ball change (right, left, right)
29-30	Syncopated jump apart, clap
31-32	Syncopated jump together, clap
33-34	Jumping man step to right side
35-36	Right kick ball change on (right, left, right)
37-38	Rock forward on right, rock back on left
39-40	Step back on right, rock on right, rock forward on left
41-42	Right shuffle forward on (right, left, right)
43	Step left forward, hold
44-45	Swivel heels around on two counts until 1/4 turn left
46	Syncopated jump back
47-48	Two apple jacks on (right and left)
49-50	Step left forward locking right behind, repeat
After you've done two forward locks weight should be on left foot ready to go into dance again	

REPEAT