

Junkie

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Junior Willis (USA)
音樂: R&B Junkie - Janet Jackson



KICK, STEP, STEP BEHIND, STEP, STEP, STEP BEHIND, STEP, ½ PIVOT, KICK, STEP, STEP

- 1&2 Kick right diagonally forward in front of left, pull right into left, step right forward
&3&4 Step left behind right, step right forward (slightly out to right), step left forward (slightly out to left), step right behind left
&5-6 Step left forward, step right forward and pivot ½ turn to left (6:00), placing weight on left
7&8 Kick right forward, step right next to left, step left next to right

ARM MOVEMENTS, ROCK TOE KICK, COASTER

- 1&2 (Fingers together) place right hand at left shoulder, pull right hand over to right shoulder, bring right arm down to right side
3&4 (Fingers together) place left hand at right shoulder, pull left hand over to left shoulder, bring left arm down to left side
5&6 Rock forward on right, toe left behind right, step back on left and kick right forward
7&8 Coaster step (right-left-right) step back on right, step back on left, step right forward

SCUFF, HITCH, STEP, ARM PUSHES, SAILOR, SAILOR WITH ¼ TURN

- 1&2 Scuff left forward, hitch left knee, step left forward (turning body to 45 degree angle to right)
3&4 (Fingers together, palms turned up) bend at knees while bending arms at elbows up by your side, stand back up taking arms back down, bend at knees while bending arms at elbows up by your side
5&6 (Bring body back to home) sailor (right-left-right) step right behind left, step left in place, step right next to left
7&8 Sailor ¼ turn left (left-right-left) step left behind right while turning a ¼ to left (9:00), step right in place, step left next to right

LUNGE, KICK, CROSS-ROCK-STEP, TOUCH, HITCH, STEP, ROLL HIPS

- 1-2 Step right across left while lunging body forward, step back on left and kick right forward
3&4 Step right across in front of left, step left slightly back, step right out to right
5&6 Touch left across right, pull left to home and in hitch position, step left next to right
7-8 Swing hips around (push out to left, swing hips to the left around to front, leaving weight on left)

REPEAT
