Just A Journey



拍數: 32 牆數: 4 級數: Improver

編舞者: Dynamite Dot (UK)

音樂: Life Is Just A Journey - Mervyn J. Futter



RIGHT SIDE SHUFFLE, POINT 1/4 TURN, SHUFFLE, POINT 1/4 TURN

1&2 Right side shuffle, right, together, right

3-4 Point left toe to left side, ¼ turn left on ball of right

Weight on right, swing arms left on point, bring elbows in and click fingers on turn

5&6 Left shuffle forward, left, together, left

7-8 Point right toe to right side, ¼ turn right on ball of left

Weight on left, swing arms right on point, bring elbows in and click fingers on turn

RIGHT STEP LOCK, ROCK/STEP LOCK BACK, SWEEP ½ TURN RIGHT

1&2 Right step forward, left lock behind right, right step forward

3-4 Rock forward on left, recover back on right

5&6 Left step back, right lock in front of left, left step back

7-8 Sweep right toe ½ turn right on ball of left (weight finishes on right)

LEFT SIDE SHUFFLE, CROSS & KICK, BACK ROCK, ½ TURN RIGHT-LEFT-RIGHT

1&2 Side shuffle left, left, together, left

3&4 Cross right over left, step back left, kick right forward

5-6 Rock back on right, recover forward on left

7&8 Triple ½ turn to left on right left right (travel slightly forward)

BACK ROCK, CROSS TWICE, SIDE ROCK CROSS, SWEEP 1/4 LEFT

1-2 Rock back left, recover forward on right3-4 Cross left over right, cross right over left

5&6 Rock to left side, recover right, cross left over right

7-8 Sweep right toe round ¼ turn left (weight on left), touch right toe next to left

REPEAT