Just A Little Sexy

級數: Beginner

編舞者: Pat Stott (UK)

拍數: 32

音樂: Just A Little - Halifax Plc

STEP TO SIDE, CROSS IN FRONT, STEP TO SIDE, TOUCH, SIDE & BUMPS, STEP TO SIDE, CROSS IN FRONT, STEP TO SIDE, TOUCH, STEP TO SIDE & BUMPS 1-4 Step right to right, cross left in front of right, step right to right, touch left next to right 5-8 Step left to left bumping hips to left, bump hips to left again, transfer weight to right and bump hips to right, bump hips again to right

- 9-12 Step left to left, cross right in front of left, step left to left, touch right next to left
- 13-16 Step right to right bumping hips to right, bump hips to right, transfer weight to left and bump hips to left, bump hips again to left

WALKS FORWARD, TOUCH FORWARD AND CLICK, WALKS BACK, TOUCH, PADDLE TURNS (¾), HIP ROLL

- 17-20 Walk forward right, left, right, touch left toe forward raise arms and click fingers
- 21-24 Walk back left, right, left, touch right next to left
- 25-26 Place right toe forward, turn ¼ to left weight on left
- 27-28 Place right toe forward, turn ¼ to left weight on left
- 29-30 Place right toe forward, turn ¼ to left weight on left
- 31-32 Step feet apart roll hips to the left

REPEAT

The walks forward can be made to look "a little bit more sexy!" By stepping forward in line with the back foot (imagine walking a tight rope)

This dance is dedicated to the Macmillan Cancer Relief. CDs are available through the Bank of Scotland - Halifax (suggested donation £1:00)





牆數: 4