# It Takes Two (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Paula Frohn-Butterly (USA) & Ron McCarthy

音樂: 455 Rocket - Kathy Mattea



Position: Double Hand Hold position. Man is facing OLOD (away from center of dance floor) and lady is facing ILOD. Man and lady follow mirror image footwork. Moves LOD

#### **MAN'S STEPS**

## STEPS FORWARD, SAILOR SHUFFLES

1-2 Step forward on left, right

Cross left behind right, step slightly to the right on right, step left next to right
Cross right behind left, step slightly to the left on left, step right next to left

#### **CHASSE**

7-8 Touch left toe to the left step onto left in place

& Step right next to left

9-10 Touch left toe to the left, step onto left in place

& Step right next to left

11-12 Touch left toe to the left, hold

#### **SWING BASIC**

Triple step to the left (left-right-left)

Triple step to the right (right-left-right)

Triple step to the right (right-left-right)

Step back on left, rock forward on right

#### TRIPLE STEPS TO BACK-TO-BACK POSITION

Lower man's right and lady's left hands and raise man's left and lady's right hands bringing them back over man's head

19&20 Triple step in place (left-right-left)
21&22 Triple step in place (right-left-right)

Man and lady are now back-to-back with man facing OLOD and lady facing ILOD

23-24 Stomp left, right

## **CHASSE**

## In back to back position, extend both arms out to the sides at waist level

25-26 Touch left toe to left, step left in place

& Step right next to left

27-28 Touch left toe to left, step left in place

& Step right next to left29-30 Touch left toe to left, hold

#### SIDEWAYS TRIPLE, PIVOT, SIDEWAYS TRIPLE

#### With both arms extended out to the sides at waist level

31&32 Triple step to the left (left-right-left)

Man releases lady's left hand from his right

& Pivot ½ turn to the left on ball of left

Rejoin man's right and lady's left hands in double hand hold position. Lady now faces OLOD and man faces

**ILOD** 

33&34 Triple step to the right (right-left-right)
35-36 Step back on left, rock forward onto right

### STEPS FORWARD, SAILOR SHUFFLES

37-38 Step forward on left, right

Cross left behind right, step slightly to right on right, step left next to right

Cross right behind left, step slightly to left on left, step right next to left

### WEST COAST SWING BASIC EXCHANGING SIDES

43 Step back and diagonally to the left on left

Release man's right and lady's left hands. Man raises lady's right hand in his left. Lady passes right side under upraised arms

44 Cross right over left

& Pivot ½ turn to the right to face lady and OLOD

45&46 Triple step in place (left-right-left)

Rejoin man's right and lady's left hands in double hand hold, lady faces ILOD and man faces OLOD

47&48 Triple step in place (right-left-right)

#### **REPEAT**

#### LADY'S STEPS

1-2 Step forward on right, left

Cross right behind left, step slightly to the left on left, step right next to left
Cross left behind right, step slightly to the right on right, step left next to right

7-8 Touch right toe to the right step down onto right in place

& Step left next to right

9-10 Touch right toe to the right, step down onto right in place

& Step left next to right

11-12 Touch right toe to the right, hold

Triple step to the right (right-left-right)

Triple step to the left (left-right-left)

Triple step to the left (left-right-left)

Step back on right, step forward on left

#### TRIPLE STEPS TO BACK-TO-BACK POSITION

Lower man's right and lady's left hands and raise man's left and lady's right hands bringing them back over man's head

19&20 Triple (right-left-right) while making a ½ turn to the right progressing around man's right side

to his back

21&22 Triple (left-right-left) completing ½ turn right and arriving at man's back

Man and lady are now back-to-back with man facing OLOD and lady facing ILOD

23-24 Stomp right, left

#### **CHASSE**

## In back to back position, extend both arms out to the sides at waist level

25-26 Touch right toe to right, step right in place

& Step left next to right

27-28 Touch right toe to right, step right in place

& Step left next to right

29-30 Touch right toe to right, hold

### SIDEWAYS TRIPLE, PIVOT, SIDEWAYS TRIPLE

#### With both arms extended out to the sides at waist level

31&32 Triple to the right (right-left-right)

& Pivot ½ turn to the right on ball of right

Rejoin man's right and lady's left hands in double hand hold position. Lady now faces OLOD and man faces ILOD

33&34 Triple step to the left (left-right-left)

35-36	Step back on right, rock forward onto left
37-38	Step forward on right, left
39&40	Cross right behind left, step slightly to left on left, step right next to left
41&42	Cross left behind right, step slightly to right on right, step left next to right

## WEST COAST SWING BASIC EXCHANGING SIDES

Step forward on to right towards man's right side while angling body diagonally to the right Release man's right and lady's left hands. Man raises lady's right hand in his left. Lady passes right side under upraised arms

44 Step forward on left passing man's right side & Pivot ½ turn to the left to face man and ILOD

45&46 Triple step in place (right-left-right)rejoin man's right and lady's left hands in double hand

hold, lady faces ILOD and man faces OLOD

47&48 Triple step in place (left-right-left)

## **REPEAT**