# It's A Heartache

COPPER KNOB

拍數: 32

牆數: 2

級數: Improver

編舞者: Cathleen Bossaller (USA) & Robin McCracken (USA)

音樂: It's a Heartache - Bonnie Tyler

## STEP BRUSHES, BACK STEPS, COASTER STEP

- 1-2 Step forward right, brush left
- 3-4 Step forward left, brush right
- 5-6 Step back on right, step back on left
- 7&8 Step back on right, step left next to right, forward on right

## TOE-HEEL, CROSS SHUFFLE, SIDE SHUFFLE, TURNING SHUFFLE

- 1-2 Touch left toe to right toe (toe pointed inward), touch left heel to right toe (toe pointed out)
- 3&4 Cross left over right, step right to side, cross left over right
- 5&6 Step right to right, close left to right, step right to right
- 7&8 Step left behind right, step back on right making <sup>1</sup>/<sub>4</sub> left turn, close left next to right (9:00)

## ROCK STEP, SHUFFLE FORWARD, JAZZ BOX WITH ¼ LEFT TURN

- 1-2 Rock back on right, forward on left
- 3&4 Step forward on right, forward on left, step right forward
- 5-6 Cross left over right, step back on right making ¼ left turn (6:00)
- 7-8 Step left to left, touch right to left

#### FULL ROLLING TURN TO RIGHT, SHIMMY TO LEFT

- 1-2 Step right to right beginning a full right turn, step left to continue turn
- 3-4 Step right to right to complete turn, touch left next to right
- 5-8 Step left to left side, hold, drag right for 2 counts to meet left in a touch while shimmying shoulders

## Option: you may substitute a right vine in place of the full rolling right turn if desired.

Option 2: slow gentle hip sways (left, right, left) may be used in place of shimmy if preferred

#### REPEAT

When using the Bonnie Tyler music start on vocals (16 counts in). When using the Trick Pony remake it's a bit trickier. You may want to wait and start the dance on the 2nd verse, starting with "It's a fool's game"

