It's All Good



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Rachel Angharad

音樂: It's All Good - Toby Keith



ROCK X 3, TOUCH, ROCK X 3, TOUCH

1-2	Cross right foot over left, recover weight onto right
3-4	Cross right foot over left, touch left beside right
5-6	Cross left foot over right, recover weight onto left
7-8	Cross left foot over right, touch right beside left

ROCK FORWARD, ½ SHUFFLE TURN, ½ PIVOT, LEFT FORWARD SHUFFLE

9-10	Rock forward onto right, rock back onto left
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11&12 Step right foot back, bring left foot in making ¼ turn right, step right foot forward making ¼

turn right

13-14 Step left foot forward, make ½ turn over right stepping right forward Step left foot forward, bring right behind, step left foot forward 15&16

CROSS, SIDE, TURN 1/2, TOUCH TWICE

17-18	Step right foot in front of left, step left to left side
19-20	Make ½ turn over right stepping right to right side, touch left to left side
21-22	Step left foot over right, step right to right side
23-24	Make ½ turn over left stepping left to left side touch right to right side

STEP, HIP SWAYS, HOLD, CROSS, STEP ½

25-26	Step right to right side, hold
27-28	Sway weight onto left, sway weight onto right
29-30	Sway weight onto right, hold
31-32	Step right across left making 1/4 turn left, step left forward making 1/4 turn left

This section is supposed to be very very very smooth

STEP, BRUSH, BACK SHUFFLE, STEP BACK, ½ TURN, STEP TO THE SIDE, TOGETHER

33-34	Step right foot forward, brush left foot slightly over right
35&36	Cross left in front of right, step back on right, cross left in front of right
37-38	Step right to right side, make ½ turn over left stepping left to left side
39-40	Step right to right side, drag in left foot with weight ending on left

STEP RIGHT FORWARD, SWEEP ½ RIGHT, CROSS ROCK, STEP LEFT FORWARD, SWEEP ¼ LEFT, **CROSS ROCK**

41-42	Step right foot forward, sweep left foot around over making ½ turn right
43-44	Cross rock left over right, recover
45-46	Step left foot forward, sweep right foot around making ¼ turn left
47-48	Cross rock right over left, recover

STEP, SWEEP 1/2, SHUFFLE, SWEEP, SHUFFLE

49-50	Step right foot forward, sweep left around making ½ turn right
51&52	Step left foot forward, step right foot behind, step left foot forward
53-54	Sweep right foot making ½ turn left over two counts gracefully
55&56	Step right foot forward, step left foot behind, step right foot forward

TOUCH, KICK, CHA-CHA-CHA, SWEEP ½ LEFT, STEP RIGHT, STEP TOGETHER

57-58 Touch left foot beside right, kick left foot forward

59&60	With feet together, step onto left, step onto right, step onto left
61-62	Sweep right foot around making ½ turn left over two counts
63-64	Step right foot together, step left foot together

REPEAT

RESTART

On wall three you will do counts 1-24 and then start the dance again from count 1.