It's All Good



拍數: 32 編數: Improver cha cha

編舞者: Janet Jolliffe (USA) 音樂: It's All Good - Toby Keith



CROSS ROCK RECOVER, POINT, RIGHT SAILOR, POINT TOUCH, KICK

1-2 Cross rock right over left, recover weight to left

3 Point right toes to right side

4&5 Right sailor step angle body towards 1:00

6 Point and touch left toes on floor over right towards 1:00

7 Low kick with left towards 1:00

SIDE SHUFFLE LEFT 1/4 LEFT, PIVOT, LOCKING SHUFFLE, SIDE ROCK

Step left to left side, step right beside left, turn ¼ left with left (9:00)

2-3 Step forward on right, pivot ½ left (3:00)

4&5 Locking shuffle forward stepping right, lock left behind right, step forward right

6-7 Rock left to left side, recover weight to right

CROSSING SIDE SHUFFLE RIGHT, SIDE ROCK, CROSSING SIDE SHUFFLE LEFT, SIDE ROCK

8&1 Cross left over right, step right to right side, cross left over right

2-3 Rock right to right side, recover weight to left

4&5 Cross right over left, step left to left side, cross right over left

6-7 Rock left to left side, recover weight to right

LEFT TOUCH, ROCK STEP, COASTER, ½ PIVOT, ¼ TURN

8-1 Touch left toes by right, rock forward on left

2 Recover weight to right

3&4 Coaster step back on left, step right by left, step forward on left

5-6 Step forward on right, pivot ½ turn left (9:00) 7-8 Step forward on right, pivot ¼ turn left (6:00)

REPEAT