

It's All We've Been Given...Start Livin'

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate nightclub
編舞者: Sylvia Schell (USA)
音樂: Days Go By - Keith Urban



CROSS, SIDE, BEHIND, HOLD, ½ TURN LEFT, HOLD, SHUFFLE

1-4 Cross left over right, step right with right, behind with left, hold
5-6 Turn ½ turn left on balls of both feet (weight goes to left), hold
7&8 Forward shuffle (right, left, right)

CROSS, SIDE, BEHIND, HOLD, ½ TURN LEFT, HOLD, SHUFFLE

1-4 Cross left over right, step right with right, behind with left, hold
5-6 Turn ½ turn left on balls of both feet (weight goes to left), hold
7&8 Forward shuffle (right, left, right)

ROCK, RECOVER, BACK, LOCK, BACK, ROCK, RECOVER, STEP ¼ TURN LEFT

1-2 Rock forward left, recover right
3&4 Step back on left, cross right over left (lock), step back left
5-6 Rock back on right, recover left
7-8 Step forward on right, turn ¼ turn left (weight goes to left)

MONTEREY ½ TURN RIGHT, MONTEREY ¼ TURN RIGHT

1-4 Touch right to right, turn ½ on left, step right beside left, touch left to left, step left beside right
5-8 Touch right to right, turn ¼ on left, step right beside left, touch left to left, step left beside right

STEP, KICK BALL STEP, STEP, STEP, KICK BALL STEP, STEP

1-2&3 Step forward right, left kick, ball, step
4-5 Step forward left, step forward right
6&7-8 Left kick, ball, step, step forward left

CROSS, ¼ TURN LEFT, TRIPLE, STEP, TAP, STEP, TAP

1-2 Cross right over left, step back on left turning ¼ turn right
3&4 Triple in place (right, left, right)
5-8 Step forward left, tap right beside left, step forward right, tap left beside right (weight stays right)

REPEAT