It's Christmas Time



拍數: 64 牆數: 4 級數: Improver

編舞者: Anita McNab (CAN)

音樂: It's Christmas Time - Southbound 55



The Music is available from Phill Morris direct to anyone who wants it. Phill can be contacted at Southbound55@aurorasoundwerks.co.uk

ROLL RIGHT HIP IN CIRCULAR MOTION - FORWARD, BACK, FORWARD, BACK

1-2 Roll right hip forward and out to right side and around to back (circular motion)
3-4 Roll right hip forward and out to right side and around to back (circular motion)

SHUFFLE SIDE RIGHT (RIGHT, LEFT, RIGHT), ROCK BACK LEFT, RECOVER FORWARD RIGHT

5&6 Step side right onto right, step left beside right, step side right onto right

7-8 Rock back onto left, recover forward onto right

9-16 Repeat steps 1 to 8 starting with left hip

WALK FORWARD RIGHT, LEFT, ROCK-RECOVER-STEP BACK

17-18 Walk forward right, walk forward left

19&20 Rock forward right, recover onto left, step back onto right

TOUCH LEFT TO SIDE, SWEEP LEFT 1/4 TURN LEFT, SAILOR STEP

Touch left toe forward, sweep left toe out to left side ¼ turn left Step left behind right, step right, step left side left

FORWARD RIGHT, TOUCH LEFT, ROCK BACK, RECOVER, FORWARD LEFT, TOUCH RIGHT, ROCK BACK, RECOVER

25-28 Step forward on right, touch left beside, rock back on left, recover forward on right 29-32 Step forward on left, touch right beside, rock back right recover forward on left

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, ROCK, RECOVER, SHUFFLE BACK LEFT, RIGHT, LEFT, STEP. TOUCH

33&34 Step forward on right, step left together, step forward on right

35-36 Rock forward onto left, recover back onto right

37&38 Step back on left, step right together, step back on left

39-40 Step back on right, touch on left

SIDE LEFT, RIGHT TOGETHER, SHUFFLE 1/4 TURN LEFT, FULL TURN FORWARD STEPPING RIGHT, LEFT, SHUFFLE FORWARD

41-42 Step side left, step right together 43&44 Step ¼ turn left, shuffling left, right, left

45-46 ½ turn left stepping on right, ½ turn left stepping on left (complete full turn forward)

47&48 Shuffle forward right, left, right

KICK LEFT FORWARD, CROSS, BACK, KICK, BACK, CROSS, BACK, TOUCH RIGHT

49-52 Kick left forward, cross left over right, step back on right diagonal to right, kick left forward 53-56 Step back left diagonal to left, cross right over left, back diagonal left, touch right beside

TOUCH RIGHT TOE ABOUT 4 INCHES TO SIDE, TOUCH RIGHT TOE ANOTHER 4 INCHES TO SIDE

57-58 Touch right toe about 4 inches to side, touch right toe another 4 inches to side

STEP RIGHT OUT TO RIGHT SIDE ANOTHER 4 INCHES, TOUCH LEFT BESIDE

59-60 Step on right another 4 inches to right, touch left beside right

ROCK FORWARD LEFT, RECOVER BACK ON RIGHT, STEP BACK LEFT, TOUCH RIGHT

Rock forward on left, recover back on right, step back on left, touch right

REPEAT